

December 16, 2014  
Federal Hours of Service Update

FMCSA has rescinded the hours of service regulation related to the 34 hr. restart requiring 2 periods of 1am – 5am. The requirement of only using the 34 hr. restart every 168 hrs. is also rescinded.

See announcement below:

[Link to FMCSA website](#)

**DEPARTMENT OF TRANSPORTATION [4910-EX-P]  
Federal Motor Carrier Safety Administration  
49 CFR Part 395  
Hours of Service of Drivers**

**AGENCY:** Federal Motor Carrier Safety Administration (FMCSA), DOT.

**ACTION:** Notice.

**SUMMARY:** FMCSA suspends enforcement of certain sections of the Agency's Hours of Service (HOS) rules as required by the Consolidated and Further Continuing Appropriations Act, 2015, enacted December 16, 2014. Specifically, FMCSA suspends the requirements regarding the restart of a driver's 60- or 70-hour limit that drivers were required to comply with beginning July 1, 2013. The restart provisions have no force or effect from the date of enactment of the Appropriations Act through the period of suspension, and such provisions are replaced with the previous restart provisions in effect on June 30, 2013. FMCSA provides this notice to motor carriers, commercial drivers, State Motor Carrier Safety Assistance Program grant recipients and other law enforcement personnel of these immediate enforcement changes.

**DATES:** The suspension of enforcement of § 395.3(c) and (d) is effective as of 12:01 a.m. on December 16, 2014.

Updated: Wednesday, December 17, 2014