

AN MSF **MANUAL**

16TH EDITION

MOTORCYCLE OPERATOR MANUAL



ALABAMA

Organ Donation.

Giving life a second chance.

When you obtain your driving license, you will be asked, “Do you wish to be an organ donor?” If you say “yes”, what does that mean?

- “Yes” means that you want to give someone a very special gift...a second chance at life. It means that you have decided to give organs or tissues after your death to people who urgently need a transplant. The title “organ donor” with a red heart will appear on your license.
- The urgent need for organ transplants grows daily with tens of thousands of people waiting nationally. Someone is added to the list every ten minutes, and approximately 18 people will die each day while waiting for an organ. Your choice to become an organ donor can make a life-saving difference for these critically ill people.
- The decision to donate is a personal one, but one which should be shared with your family. If you have questions, call the Alabama Organ Center at 1-800-252-3677.

Common Myths about Donation

Myth: *Becoming a donor will affect my medical care if I am in an accident.*

Fact: *If you are admitted to a hospital, the number one priority is to save your life.*

Myth: *Organ donation disfigures the body.*

Fact: *Organs and tissues are removed in an operation performed by specially trained medical professionals. Your body is treated with respect and an open casket funeral is possible after donation.*

Myth: *If you agree to donate your family will be charged.*

Fact: *There is no financial cost to the donor’s family or estate for organ or tissue donation. Funeral costs and the costs incurred in saving your life remain the responsibility of the family.*

Myth: *Having “organ donor” on your driver’s license or carrying a donor card is all you have to do to become a donor.*

Fact: *While donation can legally occur with these documents, it is important to discuss your decision with your family to ensure they understand your wishes. All people who indicate their donation wishes on their driver’s license will have their name added to the Legacy Organ and Tissue Donor Registry.*

For more information or to add your name to the registry, call 1-800-252-3677 or visit www.alabamaorgancenter.org

MAKE THE CHOICE NOW TO HELP SAVE LIVES LATER.

PREFACE

Welcome to the Sixteenth Edition of the MSF Motorcycle Operator Manual (MOM). Operating a motorcycle safely in traffic requires special skills and knowledge. The Motorcycle Safety Foundation (MSF) has made this manual available to help novice motorcyclists reduce their risk of having a crash. The manual conveys essential safe riding information and has been designed for use in licensing programs. While designed for the novice, all motorcyclists can benefit from the information this manual contains.

The original Motorcycle Operator Manual was developed by the National Public Services Research Institute (NPSRI) under contract to the National Highway Traffic Safety Administration (NHTSA) and within the terms of a cooperative agreement between NHTSA and the MSF. The manual and related tests were used in a multi-year study of improved motorcycle operator licensing procedures, conducted by the California Department of Motor Vehicles under contract to NHTSA.

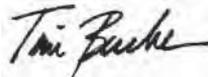
The purpose of this manual is to educate riders and to help them avoid crashes while safely operating either a standard two-wheel motorcycle or a three-wheel motorcycle.

This latest edition has undergone significant improvements, and contains new, more in-depth information, designed to:

- Guide riders in preparing to ride safely
- Develop effective street strategies
- Give riders more comprehensive understanding of safe group riding practices
- Describe in detail best practices for carrying passengers and cargo

In promoting improved licensing programs, the MSF works closely with state licensing agencies. The Foundation has helped more than half the states in the nation adopt the Motorcycle Operator Manual for use in their licensing systems.

Improved licensing, along with high quality motorcycle rider education and increased public awareness, has the potential to reduce crashes. Staff at the Foundation are available to assist state, private and governmental agencies in efforts to improve motorcycle safety.



Tim Buche
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Motorcycle Safety Foundation



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A Message to Alabama's Motorcyclists:

Thousands of Alabama motorists choose each day to travel by motorcycle, sharing roadways with a variety of other vehicles. To ensure everyone's safety, the Department of Public Safety encourages motorcyclists to study and understand the material found in this manual.

You should be aware that all the basic rules of the road in Alabama's traffic code apply to motorcycles, in addition to laws that apply specifically to motorcyclists.

It's also important to note that as a motorcyclist, you will encounter other vehicles, and most of them are larger than your motorcycle. When it comes to crashes, you are more likely to sustain serious or fatal injuries – no matter who is at fault.

Please keep the following facts in mind as you take to the highways:

- The failure of most motorists to see motorcyclists in traffic is a major cause of motorcycle crashes;
- Approximately 50 percent of all motorcycle crashes involve another vehicle, and almost 40 percent involve a motor vehicle turning left into the path of a motorcycle;
- High-visibility clothing, especially yellow, will help reduce crash involvement;
- Per vehicle mile traveled, motorcyclists are about 35 times more likely than passenger car occupants to die in a traffic crash.

The Department of Public Safety encourages all motorcyclists to take the time to review the material in this manual and the Alabama Driver Manual, and to observe all traffic laws to ensure safety.

Sincerely,

Col. Hugh B. McCall

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Director



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MOTORCYCLE OPERATOR LICENSE REQUIREMENTS

LICENSE REQUIRED TO DRIVE

Every person who operates a motor vehicle on the highways of the State of Alabama must first secure a driver license.

Alabama law recognizes two classes of engine-equipped cycles:

1. *Motorcycle* is defined as a motor vehicle having a seat or saddle for the use of the rider and designed to travel on not more than three wheels in contact with the ground, but excluding a tractor.
2. *Motor-Driven Cycle* is defined as every motorcycle, including every motor scooter, with a motor which produces not to exceed five brake horse-power nor to exceed 150 cubic centimeter engine displacement and weighs less than 200 pounds fully equipped, and every bicycle with motor attached.

A person who has attained the age of 16 and who has been issued a class M driver license may operate either a *motorcycle* or *motor-driven cycle*.

A person who is at least 14 years of age may apply for a restricted license to operate a *motor-driven cycle* only. Under Alabama law, a moped is considered a motor-driven cycle. The parent or guardian of any child shall not authorize or knowingly permit the child to violate any provision of the code regulating the operation of motorcycles or motor-driven cycles.

Once a 14-year-old is licensed to operate a motor-driven cycle, the license is valid for a four-year period for that class vehicle. The "Class M" must appear on the license in order to operate the cycle. Restriction "B" (motor-driven cycle - 5 horsepower or smaller - for ages 14 and 15 only) will then apply. At age 16, the applicant may return to the driver license examining office and transfer to a motorcycle class license without the size restrictions.

LICENSE TO BE CARRIED AND EXHIBITED ON DEMAND

The law requires that every driver in the State of Alabama have his or her driver license in possession at all times when operating a motor vehicle and shall display the license upon the demand of a judge of any court, a peace officer, or a state trooper.

License inquiries should be directed to your local driver license examining office or to the Driver License Division, Department of Public Safety, P.O. Box 1471, Montgomery, Alabama 36102. Information regarding the local examining schedule and location for testing is available from the office of your local probate judge, license commissioner, or trooper office, or online at www.dps.alabama.gov.

If your license is lost or destroyed, you may present proper identification to the office of your local probate judge or license commissioner and upon payment of the required fee, obtain a duplicate license.



MOTORCYCLE OPERATION IN ALABAMA

All the basic rules of the road in the Alabama traffic code apply to motorcycles, motor-driven cycles, and mopeds, as well as other vehicles.

In addition, these laws apply specifically to cyclists, including mopeds:

- Cyclists shall ride only upon the permanent and regular seat and shall not carry any other person unless the cycle is designed and equipped with footpegs to carry more than one person.
- Cyclists shall not operate a motorcycle while carrying any package, bundle or other article which prevents the cyclist from keeping both hands on the handlebars.
- No person shall operate or ride upon a motorcycle or motor-driven cycle unless wearing approved protective headgear (helmet).
- No person shall operate or ride upon a motorcycle or motor-driven cycle without wearing shoes.
- No person shall operate any motorcycle with handlebars more than fifteen (15) inches in height above the portion of the seat occupied by the operator.
- No person riding upon a motorcycle shall attach himself or the motorcycle to any other vehicle on a roadway.
- All motorcycles are entitled to full use of traffic lanes, and no motor vehicles shall be driven in such a manner as to deprive any motorcycle of the full use of a lane. However, this section shall not apply to motorcycles operated two abreast in a single lane.
- The operator of a motorcycle shall not overtake and pass in the same lane occupied by the vehicle being overtaken.
- No person shall operate a motorcycle between lanes of traffic or between rows of vehicles.
- Motorcycles shall not be operated more than two abreast in a single lane.

The State of Alabama also encourages cyclists to:

- Use a plastic faceshield attached to an approved protective helmet to ensure protection for the face and eyes.
- Wear appropriate protective clothing, including jacket, pants, gloves, boots, or sturdy shoes, to provide protection in a collision or in cold or wet weather.

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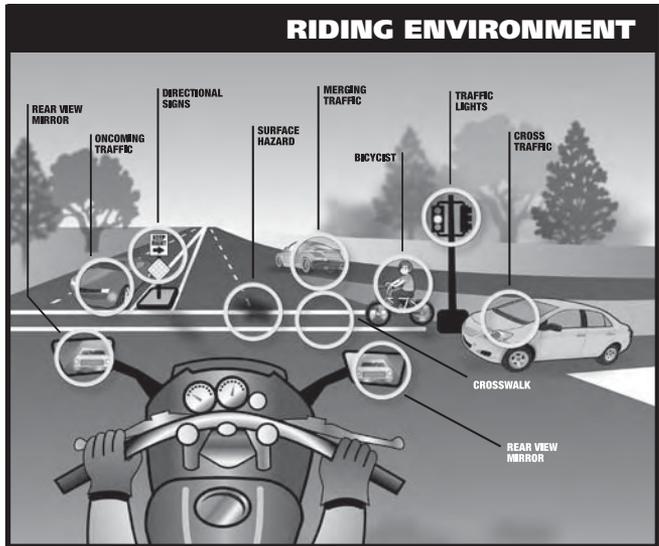
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4 THE RIDER AND THE MOTORCYCLE

Motorcycling is a unique experience. Compared to a car, you don't sit in a motorcycle, you become part of it. Not as a passive driver, but as an active rider arcing into a string of smooth corners, playing along with the rhythm of the road; shifting, accelerating, and braking with precision. Whether you ride to and from work or prefer the camaraderie of a group ride on the weekend, motorcycling engages all your senses and creates an invigorating sense of freedom.

Along with that freedom comes responsibility. All states require some form of license endorsement demonstrating you possess a minimum level of skill and knowledge. This booklet and other motorcycle publications can help prepare you to be successful. You might also consider taking a formal hands-on training course, even if your state doesn't require that you complete one. You'll learn how to improve your riding skills and mental strategies, so you can be a safer, more alert rider.

The diagram above illustrates the complex environment that awaits you,



and supports the concept that, as the Motorcycle Safety Foundation says, "Safe riding is as much a skill of the eyes and mind as it is of the hands and feet."

Successfully piloting a motorcycle is a much more involved task than driving a car. Motorcycling requires a fine sense of balance and a heightened sense of awareness and position amidst other roadway users. A motorcycle responds more quickly to rider inputs than a car, but is also more sensitive to outside forces, like irregular road surfaces or crosswinds. A motorcycle is also less visible than a car due to its narrower profile, and offers far less protection by exposing its rider to other traffic and the elements. All these risks can be managed through study, training, and practice.

What you do before you start a trip goes a long way toward determining whether or not you'll get where you want to go safely. Before taking off on any trip, a safe rider makes a point to:

1. **Wear the right gear.**
2. **Become familiar with the motorcycle.**
3. **Check the motorcycle equipment.**
4. **Be a responsible rider.**

WEAR THE RIGHT GEAR

When you ride, your gear is "right" if it protects you. In any crash, you have a far better chance of avoiding serious injury if you wear:

- **A DOT compliant helmet.**
- **Face or eye protection.**
- **Protective clothing.**

Helmet Use

Crashes can occur — particularly among untrained, beginning riders. And one out of every five motorcycle crashes results in head or neck injuries. Head injuries are just as severe as neck injuries — and far more common. Crash analyses show that head and neck injuries account for a majority of serious and fatal injuries to motorcyclists. Research also shows that, with few exceptions, head and neck injuries are reduced by properly wearing a quality helmet.

Some riders don't wear helmets because they think helmets will limit their view to the sides. Others wear helmets only on long trips or when riding at high speeds. But, here are some facts to consider:

- **A DOT-compliant helmet** lets you see as far to the sides as necessary. A study of more than 900 motorcycle crashes, where 40% of the riders wore helmets, did not find even one case in which

a helmet kept a rider from spotting danger.

- **Most crashes happen** on short trips (less than five miles long), just a few minutes after starting out.
- **Most riders** are riding slower than 30 mph when a crash occurs. At these speeds, helmets can cut both the number and the severity of head injuries by half.

No matter what the speed, helmeted riders are three times more likely to survive head injuries than those not wearing helmets at the time of the crash. The single most important thing you can do to improve your chances of surviving a crash is to wear a securely-fastened, quality helmet.

Helmet Selection

There are two primary types of helmets, providing two different levels of coverage: three-quarter and full face.

Whichever style you choose, you can get the most protection by making sure that the helmet:

- **Is designed to meet U.S.** Department of Transportation (DOT) and state standards. Helmets with a label from the Snell Memorial Foundation also give you an assurance of quality.
- **Fits snugly**, all the way around.
- **Has no obvious defects** such as cracks, loose padding or frayed straps.

Whatever helmet you decide on, keep it securely fastened on your head when you ride. Otherwise, if you are involved in a crash, it's likely to fly off your head before it gets a chance to protect you.

Eye and Face Protection

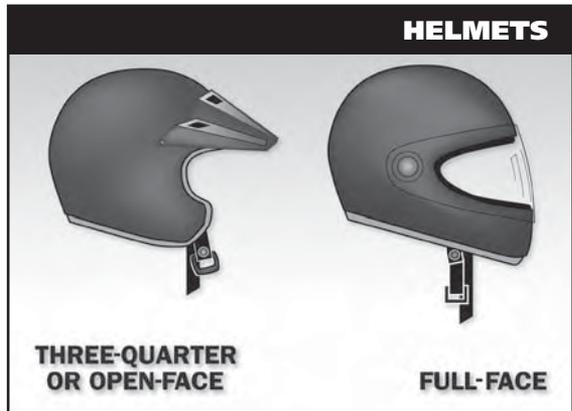
A plastic shatter-resistant faceshield can help protect your whole face in a crash. It also protects you from wind, dust, dirt, rain, insects and pebbles thrown up from cars ahead. These problems are distracting and can be painful. If you have to deal with them, you can't devote your full attention to the road.

Goggles protect your eyes, though they won't protect the rest of your face like a faceshield does. A windshield is not a substitute for a faceshield or goggles. Most windshields will not protect your eyes from the wind. Neither will eyeglasses or sunglasses. Glasses won't keep your eyes from watering, and they might blow off when you turn your head while riding.

To be effective, eye or faceshield protection must:

- **Be free** of scratches.
- **Be resistant** to penetration.
- **Give a clear view** to either side.
- **Fasten securely**, so it does not blow off.
- **Permit air** to pass through, to reduce fogging.
- **Permit enough room** for eyeglasses or sunglasses, if needed.

Tinted eye protection should not be worn when little light is available.



Clothing

The right clothing protects you in a collision. It also provides comfort, as well as protection from heat, cold, debris and hot and moving parts of the motorcycle. It can also make you more visible to others.

- **Jacket and pants** should cover arms and legs completely. They should fit snugly enough to keep from flapping in the wind, yet loosely enough to move freely. Leather offers the most protection. Sturdy synthetic material provides a lot of protection as well. Wear a jacket even in warm weather to prevent dehydration. Many are designed to protect without getting you overheated, even on summer days. Some riders choose jackets and pants with rigid "body armor" inserts in critical areas for additional protection.
- **Boots or shoes** should be high and sturdy enough to cover your ankles and give them support. Soles should be made of hard, durable, slip-resistant material. Keep heels short so they do not catch on rough surfaces. Tuck in laces so they won't catch on your motorcycle.

- **Gloves** allow a better grip and help protect your hands in a crash. Your gloves should be made of leather or similar durable material.
- **Hearing protection** reduces noise while allowing you to hear important sounds such as car horns or sirens. Long term exposure to engine and wind noise can cause permanent hearing damage even if you wear a full face helmet. Whether you choose disposable foam plugs or reusable custom molded devices, be sure you adhere to state laws regarding hearing protection.

In cold or wet weather, your clothes should keep you warm and dry, as well as protect you from injury. You cannot control a motorcycle well if you are numb. Riding for long periods in cold weather can cause severe chill and fatigue. A winter jacket should resist wind and fit snugly at the neck, wrists and waist. Good-quality rainsuits designed for motorcycle riding resist tearing apart or ballooning up at high speeds.

CLOTHING



KNOW YOUR MOTORCYCLE

There are plenty of things on the highway that can cause you trouble. Your motorcycle should not be one of them. To make sure that your motorcycle won't let you down:

- **Start** with the right motorcycle for you.
- **Read** the owner's manual.
- **Be familiar** with the motorcycle controls.
- **Check** the motorcycle before every ride.
- **Keep** it in safe riding condition between rides.
- **Avoid** add-ons and modifications that make your motorcycle harder to handle.

The Right Motorcycle For You

First, make sure your motorcycle is right for you. It should "fit" you. Your feet should reach the ground while you are seated on the motorcycle, and the controls should be easy to operate. Smaller motorcycles are usually easier for beginners to operate.

At a minimum, your street-legal motorcycle should have:

- **Headlight, taillight and brakelight.**

TEST YOURSELF

1

A plastic shatter-resistant face shield:

- Is not necessary if you have a windshield.
- Only protects your eyes.
- Helps protect your whole face.
- Does not protect your face as well as goggles.

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- **Front and rear brakes.**
- **Turn signals.**
- **Horn.**
- **Two mirrors.**

Borrowing and Lending

Borrowers and lenders of motorcycles, beware. Crashes are fairly common among beginning riders — especially in the first months of riding. Riding an unfamiliar motorcycle adds to the problem. If you borrow a motorcycle, get familiar with it in a controlled area. And if you lend your motorcycle to friends, make sure they are licensed and know how to ride before allowing them out into traffic.

No matter how experienced you may be, ride extra carefully on any motorcycle that's new or unfamiliar to you. More than half of all crashes

involve riders with less than five months of experience on their motorcycle.

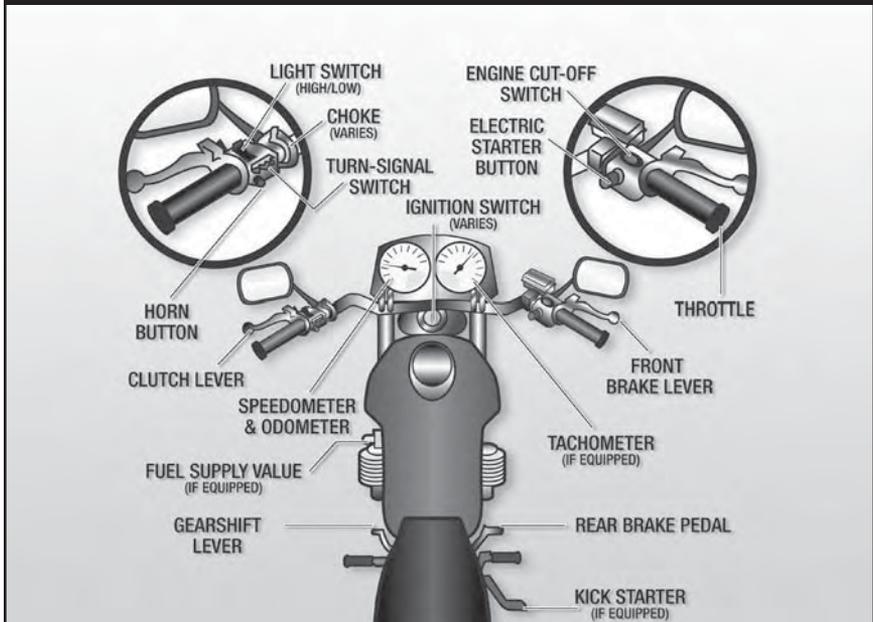
Get Familiar with the Motorcycle Controls

Make sure you are completely familiar with the motorcycle before you take it out on the street. Be sure to review the owner's manual. This is particularly important if you are riding a borrowed motorcycle.

If you are going to use an unfamiliar motorcycle:

- **Make all the checks** you would on your own motorcycle.
- **Find out where everything is**, particularly the turn signals, horn, headlight switch, fuel-supply valve and engine cut-off switch. Find and operate these items without having to look for them.

MOTORCYCLE CONTROLS



- **Know the controls.** Work the throttle, clutch, brakes, and shifter a few times before you start riding.
- **Ride very cautiously** and be aware of surroundings. Accelerate gently, take turns more slowly and leave extra room for stopping.
- Try the front and rear brake levers one at a time. Make sure each feels firm and holds the motorcycle when fully applied.

C — Controls

- Make sure the clutch and throttle operate smoothly. The throttle should snap back to fully closed when released. The clutch should feel tight and should operate smoothly.
- Try the horn. Make sure it works.
- Clean and adjust your mirrors before starting. It's difficult to ride with one hand while you try to adjust a mirror. Adjust each mirror so you can see the lane behind and as much as possible of the lane next to you. When properly adjusted, a mirror may show the edge of your arm or shoulder – but it's the road behind you and to the side that are most important.

L — Lights and Electrics

- Check both headlight and taillight. Test your switch to make sure both high and low beams work.
- Turn on both right and left hand turn signals. Make sure all lights are working properly.
- Try both brakes and make sure each one turns on the brake light.

O — Oil and Other Fluids

- Check engine oil and transmission fluid levels.
- Check the brake hydraulic fluid and coolant level weekly.
- Be sure your fuel valve is open before starting out. With the fuel valve closed, your motorcycle may start with only the fuel that is still in the lines, but will stall once the lines are empty.

Check Your Motorcycle

A motorcycle needs more frequent attention than a car. A minor technical failure on a car is seldom more than an inconvenience for the driver. The same failure on a motorcycle may result in a crash or having to leave your motorcycle parked on the side of the road. If anything's wrong with your motorcycle, you'll want to find out about it before you get in traffic.

The primary source of information about how a motorcycle should be inspected and maintained is its owner's manual. Be sure to absorb all of its important information. A motorcycle will continue to ride like new if it is properly maintained and routine inspections become part of its maintenance cycle.

A pre-ride inspection only takes a few minutes and should be done before every ride to prevent problems. It's quick and easy to check the critical components and should be as routine and automatic as checking the weather forecast before heading out for the day. A convenient reminder developed by MSF is T-CLOCSSM. There is a T-CLOCS "tear-out" sheet at the back of this manual for you to keep with you when you ride. A T-CLOCS inspection should be conducted before every ride, and includes checks of:

T — Tires and Wheels

- Check tire inflation pressure, treadwear and general condition of sidewalls and tread surface.

- Look underneath the motorcycle for signs of an oil or fuel leak.

C — Chassis

- Check the front suspension. Ensure there is no binding. The rear shocks and springs should move smoothly.
- Be sure the chain is adjusted according to the manufacturer's specifications and that the sprockets are not worn or damaged.

S — Stands

- Ensure the side stand operates smoothly and that the spring holds it tightly in the up position. If equipped, the center stand should also be held firmly against the frame whenever the motorcycle is moving.

Additionally, regular maintenance such as tune-ups and oil changes are as important for a motorcycle as routine checkups by your doctor are for you. Wear and tear is normal with use; routine maintenance will help prevent costly breakdowns. The schedule for regular upkeep for motorcycle parts and controls is contained in your motorcycle's owner's manual.

KNOW YOUR RESPONSIBILITIES

"Accident" implies an unforeseen event that occurs without fault or negligence. In traffic, that is not the case. In fact, most people involved in a crash can claim some responsibility for what takes place.

Consider a situation where someone decides to drive through an intersection on a yellow light turning red. Your light turns green. You pull into the intersection without checking for possible traffic. That is all it takes for the two of you to crash. It was the driver's responsibility to stop, and it was your

responsibility to look before pulling out. Both of you are at fault. Someone else might be the first to start the chain of events leading to a crash, but it doesn't leave any of us free of responsibility.

As a rider you can't be sure that other operators will see you or yield the right of way. To lessen your chances of a crash occurring:

- **Be visible** — wear proper clothing, use your headlight, ride in the best lane position to see and be seen.
- **Communicate your intentions** — use the proper signals, brake light and lane position.
- **Maintain an adequate space cushion** — when following, being followed, lane sharing, passing and being passed.
- **Search your path** of travel 12 seconds ahead.
- **Identify and separate** hazards.
- **Be prepared to act** — remain alert and know how to carry out proper crash-avoidance skills.

Blame doesn't matter when someone is injured in a crash. The ability to ride aware, make critical decisions and carry them out separates responsible riders from the rest. Remember, it is up to you to keep from being the cause of, or an unprepared participant in, any crash.

TEST YOURSELF

2

More than half of all crashes:

- Occur at speeds greater than 35mph.
- Happen at night.
- Are caused by worn tires.
- Involve riders who have less than five months of experience on their motorcycles.

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This manual cannot teach you how to control direction, speed or balance. That's something you can learn only through practice, preferably in a formal course of instruction like an MSF *RiderCourse*. But control begins with knowing your abilities and riding within them, along with knowing and obeying the rules of the road.

BASIC VEHICLE CONTROL

Body Position

To control a motorcycle well:

- **Posture** — Position yourself comfortably so you are able to operate all the controls and can use your arms to steer the motorcycle, rather than to hold yourself up. This helps you bond with your motorcycle and allows you to react quickly to hazards.
- **Seat** — Sit far enough forward so that arms are slightly bent when you hold the handgrips. Bending your arms permits you to press on the handlebars without having to stretch.
- **Hands** — Hold the handgrips firmly to keep your grip over rough surfaces. Start with your right wrist flat. This will help you keep from accidentally using too much

throttle. Also, adjust the handlebars so your hands are even with or below your elbows. This permits you to use the proper muscles for precision steering.

- **Knees** — Keep your knees against the gas tank to help you keep your balance as the motorcycle turns.
- **Feet** — Keep your feet firmly on the footrests to maintain balance. Don't drag your feet. If your foot catches on something, you could be injured and it could affect your control of the motorcycle. Keep your feet near the controls so you can get to them fast if needed. Also, don't let your toes point downward — they may get caught between the road and the footrests.

Shifting Gears

There is more to shifting gears than simply getting the motorcycle to pick up speed smoothly. Learning to use the gears when downshifting, turning or starting on hills is equally important for safe motorcycle operation.

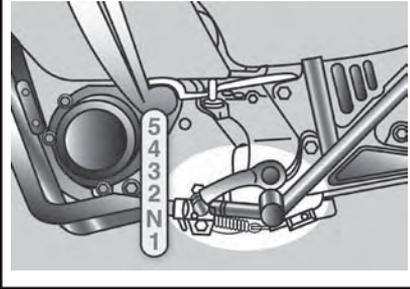
The gearshift lever is located in front of the left footrest and is operated by the left foot. To shift "up" to a higher gear, position your foot under the shift lever and lift. To downshift, press the shift lever down. The shift lever changes one gear each time it is lifted or pressed down. Whenever the lever is released, spring loading returns it to center, where the mechanism resets for the next shift up or down. A typical gear pattern is 1-N-2-3-4-5. The N is

HOLDING HANDGRIPS



for neutral, which is selected by either a “half lift” from 1st gear or a “half press” from 2nd gear. Most motorcycles have five gears, but some have four or six gears.

SHIFTING GEARS



As your motorcycle increases speed, you will need to shift up to a higher gear. Shift up well before the engine RPM reaches its maximum recommended speed. As a general rule, shift up soon enough to avoid over-revving the engine, but not so soon to cause the engine to lug.

When upshifting, use a 3-step process: 1) Roll off the throttle as you squeeze the clutch lever, 2) lift the shift lever firmly as far as it will go, 3) smoothly ease out the clutch and adjust the throttle. Once the shift is completed, release the shift lever to permit it to reset for the next shift.

You should shift down through the gears with the clutch as you slow or stop, and can also shift down when you need more power to accelerate.

Make certain you are riding slowly enough when you shift into a lower gear. If not, the motorcycle will lurch, and the rear wheel may skid. When riding downhill or shifting into first gear you may need to use the brakes to slow

enough before downshifting safely.

When downshifting, use a 3-step process: 1) Roll off the throttle as you squeeze the clutch lever, 2) press the shift lever down firmly, 3) ease out the clutch lever as you roll on the throttle. Once the shift is completed, release the shift lever to permit it to reset for the next shift. Rolling on the throttle slightly while smoothly easing out the clutch can help the engine come up to speed more quickly and make the downshift smoother. Shifting to a lower gear causes an effect similar to using the brakes. This is known as engine braking. To use engine braking, shift down one gear at a time and ease out the clutch through the friction zone between each downshift. Keep the clutch in the friction zone until the engine speed stabilizes. Then ease out the lever fully until ready for the next downshift. Usually you shift gears one at a time, but it is possible to shift through more than one gear while the clutch is squeezed.

Remain in first gear while you are stopped so that you can move out quickly if you need to.

Work toward a smooth, even clutch release, especially when downshifting. It is best to change gears before entering a turn. However, sometimes shifting while in the turn is necessary. If so, remember to do so smoothly. A sudden change in power to the rear wheel can cause a skid.

Braking

Improper braking technique remains a significant contributing factor in many motorcycle crashes. Your motorcycle has two brake controls: one for the front wheel and one for the rear wheel. Always use both brakes every time you

slow or stop. The front brake is more powerful and can provide at least 70% of your total stopping power. The front brake is safe to use if you use it properly.

Maximum straight-line braking is accomplished by fully applying both front and rear brakes without locking either wheel.

To do this:

- **Squeeze the front brake** smoothly, firmly and with progressively more force. Do not grab the brake lever or use abrupt pressure.
- **As the motorcycle's weight** transfers forward, more traction becomes available at the front wheel, so the front brake can be applied harder after braking begins.
- **Keep your knees against the** tank and your eyes up, looking well ahead. This helps you stop the motorcycle in a straight line.
- **Apply light-to-lighter pressure** to the rear brake pedal to prevent a rear wheel skid. As weight transfers forward less traction is available at the rear. Use less rear brake pressure.

Using both brakes for even "normal" stops will permit you to develop the proper habit or skill of using both brakes properly in an emergency. Squeeze the front brake and press down on the rear. Grabbing at the front brake or jamming down on the rear can cause the brakes to lock, resulting in control problems.

Braking in a Corner

Any time a motorcycle is leaned over, the amount of traction available for braking is reduced. The greater the lean angle, the more the possibility of the tires losing traction.

To stop as quickly and as safely as possible in a curve, and depending on road and traffic conditions, try to get the motorcycle as perpendicular to the road as possible, then brake. If conditions do not allow, brake smoothly and gradually, but do not apply as much braking force as you would if the motorcycle were straight up. As you slow, you can reduce your lean angle, and as more traction becomes available for braking, you can more firmly apply the brakes, so that by the time the motorcycle is stopped, the motorcycle is straight up, and the handlebars are squared.

Linked and Integrated Braking Systems

Some motorcycles have linked braking which connects the front and rear brakes on the motorcycle and applies braking pressure to both brakes when either the front lever or rear pedal is applied. An integrated braking system is a variation of the linked system in which partial front braking is applied whenever the rear brake is activated. Consult your owner's manual for a detailed explanation on the operation and effective use of these systems.

Anti-Lock Braking Systems (ABS)

ABS is designed to prevent wheel lock-up and avoid skids when stopping in straight-line, panic situations. ABS operates when maximum pressure on both the front and rear brake controls is applied. If electronic sensors detect the possibility of a wheel lock, brake hydraulic pressure, is released then reapplied to maintain maximum braking effectiveness.

The system is capable of releasing and reapplying pressure more than 15 times per second.

Turning

Approach turns and curves with caution. Riders often try to take curves or turns too fast. When they can't hold the turn, they end up crossing into another lane of traffic or going off the road. Or, they overreact and brake too hard, causing a skid and loss of control.

Use four steps for better control:

- **SLOW** — Reduce speed before the turn by closing the throttle and, if necessary, applying both brakes.
- **LOOK** — Look through the turn to where you want to go. Turn just your head, not your shoulders, and keep your eyes level with the horizon.
- **PRESS** — To turn, the motorcycle must lean. To lean the motorcycle, press on the handgrip in the direction of the turn. Press left handgrip — lean left — go left. Press right handgrip — lean right — go right. The higher the speed in a turn, the greater the lean angle.
- **ROLL** — Roll on the throttle to maintain or slightly increase speed. This helps stabilize the motorcycle.

In normal turns, the rider and the motorcycle should lean together at the same angle.

NORMAL TURNS



In slow, tight turns, counterbalance by leaning the motorcycle only and keeping your body straight.

SLOW, TIGHT TURNS



TEST YOURSELF

3

When riding, you should:

- A. Turn your head and shoulders to look through turns.
- B. Keep your arms straight.
- C. Keep your knees away from the gas tank.
- D. Turn just your head and eyes to look where you are going.

Answer - page 47

KEEPING YOUR DISTANCE

The best protection you can have is distance — a “cushion of space” — separating yourself from other vehicles on the roadway. This will provide you with a clear view of emerging traffic situations, so that if someone else makes a mistake, you will have:

- More time to respond.
- More space to maneuver, including an escape route if necessary.

Lane Positions

Successful motorcyclists know that they are safer when clearly seen. In some ways the size of the motorcycle can work to your advantage. Each traffic lane gives a motorcycle three paths of travel, as indicated in the illustration.

Your lane position should help you:

- Increase your ability to see and be seen.
- Avoid others' blind spots.
- Avoid surface hazards.
- Protect your lane from other drivers.
- Communicate your intentions.

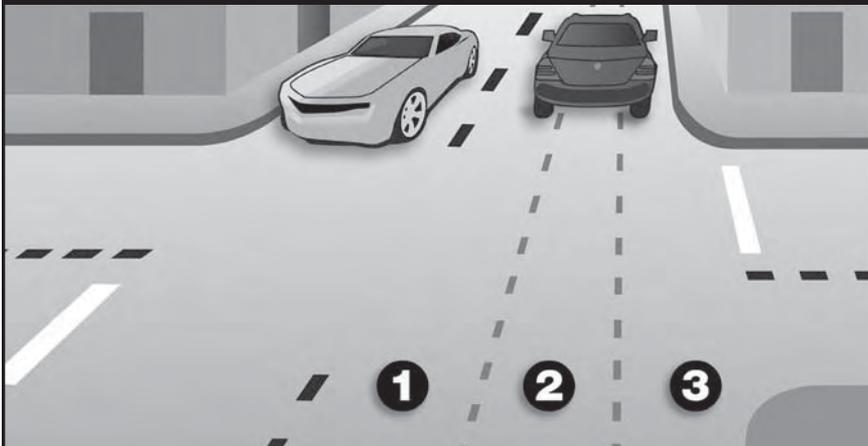
- Avoid windblast from other vehicles.
- Provide an escape route.
- Set up for turns.

Many motorcyclists consider the left third of the lane – the left tire track of automobiles – to be their default lane position. You should then consider varying your lane position as conditions warrant, keeping mind that no portion of the lane need be avoided — including the center.

You should position yourself in the portion of the lane where you are most likely to be seen and you can maintain a space cushion around you. Change position as traffic situations change. Ride in path 2 or 3 if vehicles and other potential problems are on your left only. Remain in path 1 or 2 if hazards are on your right only. If vehicles are being operated on both sides of you, the center of the lane, path 2, is usually your best option.

Remember, the center third of the lane is the place where debris and oil drippings from cars collect and where hazards such as manhole covers are located. Unless the road is wet, the

LANE POSITIONS



FOLLOWING



average center strip permits adequate traction to ride on safely. You can operate to the left or right of the grease strip and still be within the center third of the traffic lane. Avoid riding on big buildups of oil and grease usually found at busy intersections or tollbooths.

Experienced riders rely on their own best judgment and instincts. One absolute, however, is to avoid riding in another vehicle's blind spot.

Following Another Vehicle

"Following too closely" is a factor in crashes involving motorcyclists. In traffic, motorcycles need as much distance to stop as cars. Normally, a **minimum of two seconds** distance should be maintained behind the vehicle ahead.

To gauge your following distance:

- **Pick out a marker**, such as a pavement marking or lamppost, on or near the road ahead.
- **When the rear bumper** of the vehicle ahead passes the marker,

count off the seconds: "one-thousand-one, one-thousand-two."

- **If you reach the marker** before you reach "two," you are following too closely.

A two-second following distance leaves a minimum amount of space to stop or swerve if the driver ahead stops suddenly. It also permits a better view of potholes and other hazards in the road.

A larger cushion of space is needed if your motorcycle will take longer than normal to stop. If the pavement is slippery, if you cannot see through the vehicle ahead, or if traffic is heavy and someone may squeeze in front of you, open up a three-second or more following distance.

Keep well behind the vehicle ahead even when you are stopped. This will make it easier to get out of the way if someone bears down on you from behind. It will also give you a cushion of space if the vehicle ahead starts to back up for some reason.

When behind a car, ride where the driver can see you in the rearview mirror. Riding in the center portion of the lane should put your image in the middle of the rearview mirror — where a driver is most likely to see you.

Riding at the far side of a lane may permit a driver to see you in a sideview mirror. But remember that most drivers don't look at their sideview mirrors nearly as often as they check the rearview mirror. If the traffic situation allows, the center portion of the lane is usually the best place for you to be seen by the drivers ahead and to prevent lane sharing by others.

Being Followed

Speeding up to lose someone following too closely only ends up with someone tailgating you at a higher speed.

A better way to handle tailgaters is to get them in front of you. When someone is following too closely, change lanes and let them pass. If you can't do this, slow down and open up extra space ahead of you to allow room for both you and the tailgater to stop. This will also encourage them to pass. If they don't pass, you will have given yourself and the tailgater more time and space to react in case an emergency does develop ahead.

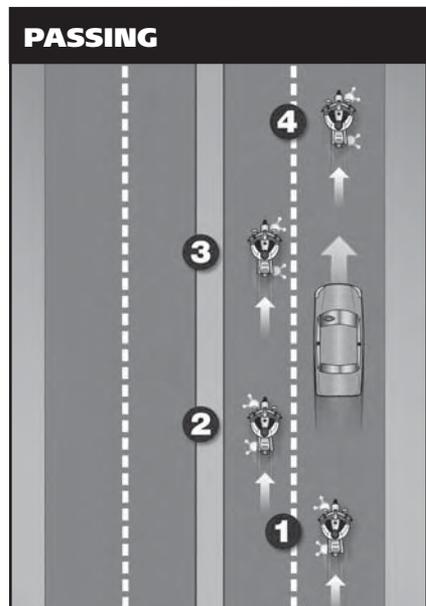
Passing and Being Passed

Passing and being passed by another vehicle is not much different than with a car. However, visibility is more critical. Be sure other drivers see you, and that you see potential hazards.

Passing

- 1. Ride in the left portion** of the lane at a safe following distance to increase your line of sight and make you more visible. Signal and check for oncoming traffic. Use your mirrors and turn your head to look for traffic behind.
- 2. When safe,** move into the left lane and accelerate. Select a lane position that doesn't crowd the car and provides space to avoid hazards in your lane.
- 3. Ride through the blind spot** as quickly as possible.
- 4. Signal again,** and complete mirror and headchecks before returning to your original lane and then cancel the signal.

Remember, passes must be completed within posted speed limits, and only where permitted. Know your signs and road markings!



Being Passed

When you are being passed from behind, stay in the center portion of your lane. Riding close to the passing vehicle could put you in a hazardous situation.

Avoid being hit by:

- **The other vehicle** — A slight mistake by you or the passing driver could cause a sideswipe.
- **Extended mirrors** — Some drivers forget that their mirrors hang out farther than their fenders.
- **Objects thrown from windows** — Even if the driver knows you're there, a passenger may not see you and might toss something on you or the road ahead of you.
- **Blasts of wind from larger vehicles** — They can affect your control. You have more room for error if you are in the middle portion when hit by this blast than if you are on either side of the lane.

Do not move into the portion of the lane farthest from the passing vehicle. It might invite the other driver to cut back into your lane too early.

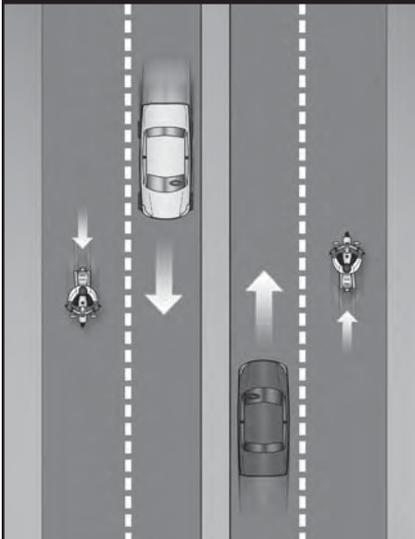
Lane Sharing

Cars and motorcycles need a full lane to operate safely. Lane sharing is usually prohibited.

Riding between rows of stopped or moving cars in the same lane can leave you vulnerable to the unexpected. A hand could come out of a window; a door could open; a car could turn suddenly. Discourage lane sharing by others. Keep a center-portion position whenever drivers might be tempted to squeeze by you. Drivers are most tempted to do this:

- **In heavy**, bumper-to-bumper traffic.
- **When they** want to pass you.
- **When you** are preparing to turn at an intersection.
- **When you** are moving into an exit lane or leaving a highway.

BEING PASSED



TEST YOURSELF

4

Usually, a good way to handle tailgaters is to:

- Change lanes and let them pass.
- Use your horn and make obscene gestures.
- Speed up to put distance between you and the tailgater.
- Ignore them.

Answer - page 47

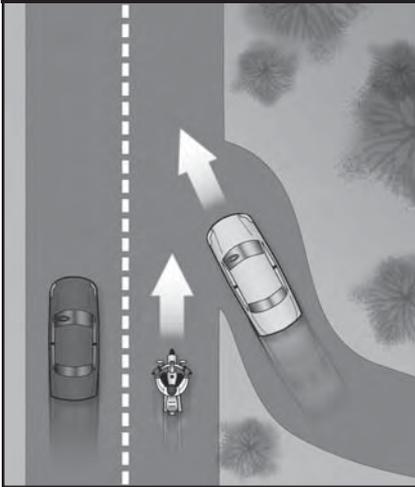
Merging Cars

Drivers on an entrance ramp may not see you on the highway. Give them plenty of room. Change to another lane if one is open. If there is no room for a lane change, adjust speed to open up space for the merging driver.

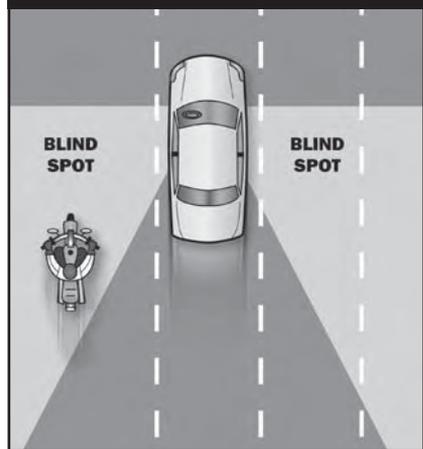
Cars Alongside

Do not ride next to cars or trucks in other lanes if you do not have to. You might be in the blind spot of a car in the next lane, which could switch into your lane without warning. Cars in the next lane also block your escape if you come upon danger in your own lane. Speed up or drop back to find a place clear of traffic on both sides.

MERGING



BLIND SPOTS



SEE

Good, experienced riders are always aware of what is going on around them. They reduce their risk by using MSF's three-step SEESM strategy:

- Search
- Evaluate
- Execute

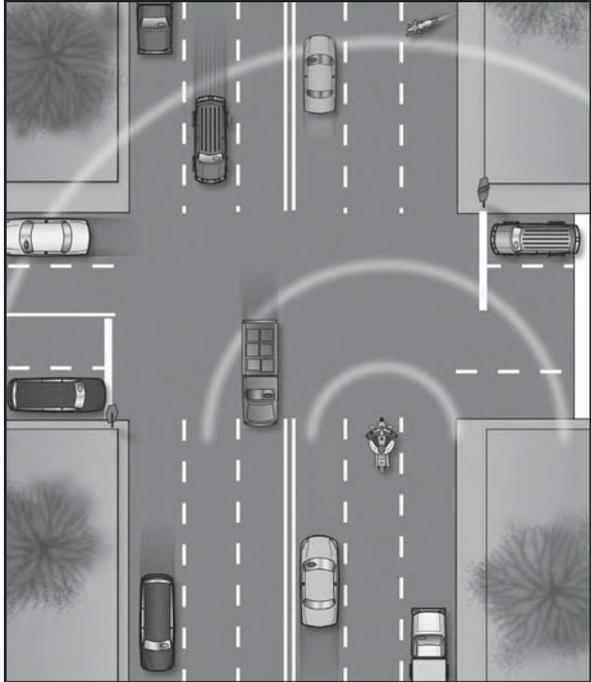
SEE will help you assess what is going on in traffic so you can plan and implement the safest course of action as traffic situations change. Let's look at each of these steps.

Search

How assertively you search, and how much time and space you have, can eliminate or minimize risk. As you search, focus on finding potential escape routes, especially in or around intersections, shopping areas and school and construction zones.

One way to search is to use your "RiderRadar" to aggressively scan the environment ahead of you, to the sides, and behind you to avoid potential hazards even before they arise. There are three "lead times" experienced riders consider. First, be alert and scan for hazards that are about 2 seconds ahead of you, or within your following distance. Scanning your 4-second immediate path can allow you time for a quick response if something should go wrong. Anything that is within 4 seconds of your path is considered immediate because 4 seconds is

RIDER RADAR



considered enough time and space to swerve and/or brake for fixed hazards or for someone or something entering your path of travel.

Finally, experienced riders search for hazards that are further out, looking ahead to an area it would take about 12 seconds to reach. This provides time to prepare for a situation before it becomes immediate.

Using the SEE strategy will help you to **Search** for a variety of factors such as:

- **Oncoming traffic** that may turn left in front of you.
- **Traffic** coming from the left and from the right.
- **Traffic** approaching from behind.

- **Hazardous** road conditions that require you to be alert, especially in areas with limited visibility. Visually “busy” surroundings could hide you and your motorcycle from others.

Evaluate

Evaluate means to think about how hazards can interact to create risks for you. Anticipate potential problems and have a plan to reduce risks, particularly when faced with:

- **Road and surface characteristics** such as potholes, guardrails, bridges, telephone poles and trees that won’t move into your path, but may influence your riding strategy.
- **Traffic control devices** including traffic signals, warning signs, and pavement markings, which will require you to carefully evaluate circumstances ahead.
- **Vehicles and other traffic** that may move into your path and increase the likelihood of a crash. Think about your time and space requirements in order to maintain a margin of safety, and give yourself time to react if an emergency arises.

Execute

Finally, **Execute** your decision. To create more space and minimize harm from any hazard:

- **Communicate** your presence with lights and/or horn.
- **Adjust your speed** by accelerating, stopping or slowing.
- **Adjust your position** and/or direction by swerving, changing lanes, or moving to another position within your lane.

Apply the old adage “one step at a time” to handle two or more hazards. Adjust speed to permit two hazards to separate. Then deal with them one at a time as single hazards. Decision-making becomes more complex with three or more hazards. Evaluate the consequences of each and give equal distance to the hazards.

In potential high-risk areas, such as intersections, shopping areas and school and construction zones, cover the clutch and both brakes to reduce the time you need to react.

INTERSECTIONS

The greatest potential for conflict between you and other traffic is at intersections. An intersection can be in the middle of an urban area or at a driveway on a residential street — anywhere traffic may cross your path of travel. Over one-half of motorcycle/car crashes are caused by drivers entering a rider’s right-of-way. Cars that turn left in front of you, including cars turning left from the lane on your right, and cars on side streets that pull into your lane, are the biggest dangers. Your use of SEE at intersections is critical.

TEST YOURSELF

5

To reduce your reaction time, you should:

- Ride slower than the speed limit.
- Cover the clutch and the brakes.
- Shift into neutral when slowing.
- Pull in the clutch when turning.

Answer - page 47

the intersection, move away from the vehicle. Do not change speed or position radically, as drivers might think you are preparing to turn. Be prepared to brake hard and hold your position if an oncoming vehicle turns in front of you, especially if there is other traffic around you. This strategy should also be used whenever a vehicle in the oncoming lane of traffic is signaling for a left turn, whether at an intersection or not.

Blind Intersections

If you approach a blind intersection, move to the portion of the lane that will bring you into another driver's field of vision at the earliest possible moment. In this picture, the rider has moved to the left portion of the lane — away from the parked car — so the driver on the cross street can see him as soon as possible.

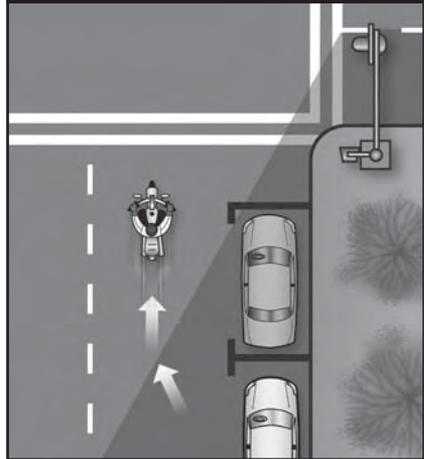
Remember, the key is to see as much as possible and remain visible to others while protecting your space.

If you have a stop sign or stop line, stop there first. Then edge forward and stop again, just short of where the cross-traffic lane meets your lane. From that position, lean your body forward and look around buildings, parked cars or bushes to see if anything is coming. Just make sure your front wheel stays out of the cross lane of travel while you're looking.

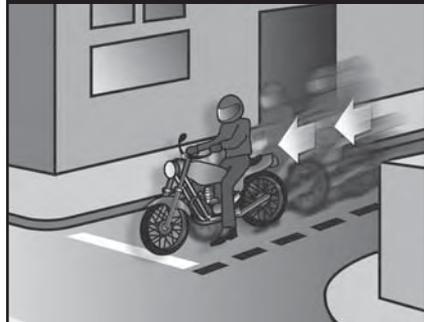
Passing Parked Cars

When passing parked cars, stay toward the left of your lane. You can avoid problems caused by doors opening, drivers getting out of cars or people stepping from between cars. If oncoming traffic is present, it is usually best to remain in the center-lane position to maximize your space cushion.

BLIND INTERSECTIONS



STOP SIGNS



PARKED CARS



A bigger problem can occur if the driver pulls away from the curb without checking for traffic behind. Even if he does look, he may fail to see you.

In either event, the driver might cut into your path. Slow down or change lanes to make room for someone cutting in.

Cars making a sudden U-turn are the most dangerous. They may cut you off entirely, blocking the whole roadway and leaving you with no place to go. Since you can't tell what a driver will do, slow down and get the driver's attention. Sound your horn and continue with caution.

Parking at the Roadside

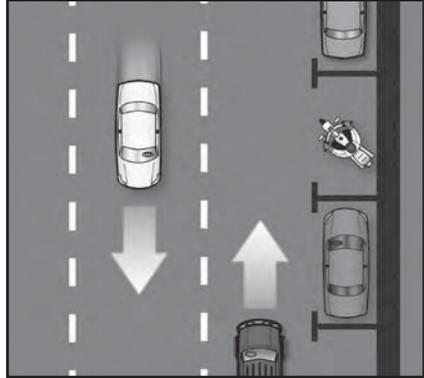
If parking in a parallel parking space next to a curb, position the motorcycle at an angle with the rear wheel to the curb. (Note: Some cities have ordinances that require motorcycles to park parallel to the curb.)

Increasing Conspicuity

In crashes with motorcyclists, drivers often say that they never saw the motorcycle. From ahead or behind, a motorcycle's outline is much smaller than a car's. Also, it's hard to see something you are not looking for, and most drivers are not looking for motorcycles. More likely, they are looking through the skinny, two-wheeled silhouette in search of cars that may pose a problem to them.

Even if a driver does see you coming, you aren't necessarily safe. Smaller vehicles appear farther away and seem to be traveling slower than they actually are. It is common for drivers to pull out in front of motorcyclists, thinking they have plenty of time. Too often, they are wrong.

PARKING AT CURBS



However, you can do many things to make it easier for others to recognize you and your motorcycle.

Clothing

Most crashes occur in broad daylight. Wear bright-colored clothing to increase your chances of being seen. Remember, your body is half of the visible surface area of the rider/motorcycle unit.

Bright orange, red, yellow or green jackets/vests are your best bets for being seen. Your helmet can do more than protect you in a crash. Brightly colored helmets can also help others see you.

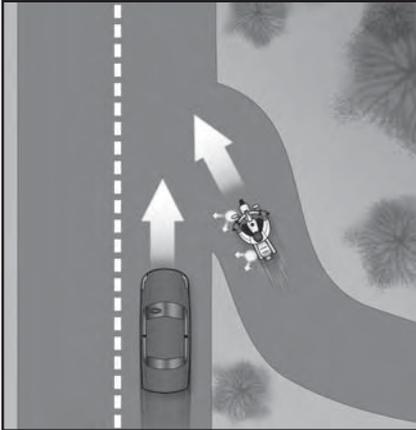
Any bright color is better than drab or dark colors. Reflective, bright-colored clothing (helmet and jacket/vest) is best.

Reflective material on a vest and on the sides of the helmet will help drivers coming from the side to spot you. Reflective material can also be a big help for drivers coming toward you or from behind.

Headlight

The best way to help others see your motorcycle is to keep the headlight on — **at all times** (new motorcycles sold in the USA since 1978 automatically

SIGNALING



have the headlights on when running). Studies show that, during the day, a motorcycle with its light on is twice as likely to be noticed. Use low beam at night and in fog.

Signals

The signals on a motorcycle are similar to those on a car. They tell others what you plan to do.

However, due to a rider's added vulnerability, signals are even more important. Use them anytime you plan to change lanes or turn. Use them even when you think no one else is around. It's the car you don't see that's going to give you the most trouble. Your signal lights also make you easier to spot. That's why it's a good idea to use your turn signals even when what you plan to do is obvious.

When you enter a freeway, drivers approaching from behind are more likely to see your signal blinking and make room for you.

Turning your signal light on before each turn reduces confusion and frustration for the traffic around you.

Once you turn, make sure your signal is off or a driver may pull directly into your path, thinking you plan to turn again. Use your signals at every turn so drivers can react accordingly. Don't make them guess what you intend to do.

Brake Light

Your motorcycle's brake light is usually not as noticeable as the brake lights on a car — particularly when your taillight is on. (It goes on with the headlight.) If the situation will permit, help others notice you by flashing your brake light before you slow down. It is especially important to flash your brake light before:

- **You slow more quickly** than others might expect (turning off a high-speed highway).
- **You slow where** others may not expect it (in the middle of a block or at an alley).

If you are being followed closely, it's a good idea to flash your brake light before you slow. The tailgater may be watching you and not see something ahead that will make you slow down. This will hopefully discourage them from tailgating and warn them of hazards ahead they may not see.

Using Your Mirrors

While it's most important to keep track of what's happening ahead, you can't afford to ignore situations behind. Traffic conditions change quickly. Knowing what's going on behind is essential for you to make a safe decision about how to handle trouble ahead.

Frequent mirror checks should be part of your normal searching routine. Make a special point of using your mirrors:

- **When you are stopped** at an intersection. Watch cars coming up

from behind. If the drivers aren't paying attention, they could be on top of you before they see you.

- **Before you change lanes.** Make sure no one is about to pass you.
- **Before you slow down.** The driver behind may not expect you to slow, or may be unsure about where you will slow. For example, you signal a turn and the driver thinks you plan to turn at a distant intersection, rather than at a nearer driveway.

Most motorcycles have rounded (convex) mirrors. These provide a wider view of the road behind than do flat mirrors. They also make cars seem farther away than they really are. If you are not used to convex mirrors, get familiar with them. (*While you are stopped, pick out a parked car in your mirror. Form a mental image of how far away it is. Then, turn around and look at it to see how close you came.*) Practice with your mirrors until you become a good judge of distance. Even then, allow extra distance before you change lanes.

Head Checks

Checking your mirrors is not enough. Motorcycles have "blind spots" like cars. Before you change lanes, turn your head, and look to the side for other vehicles.

On a road with several lanes, check the far lane and the one next to you. A driver in the distant lane may head for the same space you plan to take.

TEST YOURSELF

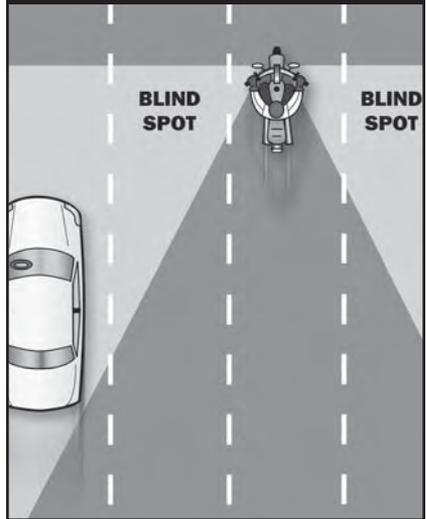
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Reflective clothing should:

- Be worn at night.
- Be worn during the day.
- Not be worn.
- Be worn day and night

Answer - page 47

USING MIRRORS



Frequent head checks should be your normal scanning routine, also. Only by knowing what is happening **all around** you are you fully prepared to deal with it.

Horn

Be ready to use your horn to get someone's attention quickly.

It is a good idea to give a quick beep before passing anyone that may move into your lane.

Here are some situations:

- **A driver** in the lane next to you is driving too closely to the vehicle ahead and may want to pass.
- **A parked car** has someone in the driver's seat.
- **Someone is in the street**, riding a bicycle or walking.

In an emergency, sound your horn loud and long. Be ready to stop or swerve away from the danger.

Keep in mind that a motorcycle's horn isn't as loud as a car's — therefore, use it, but don't rely on it. Other strategies, like having time and space to maneuver, may be appropriate along with the horn.

Riding at Night

At night it is harder for you to see and be seen. Picking your headlight or taillight out of the car lights around you is not easy for other drivers. To compensate, you should:

- **Reduce Your Speed** — Ride even slower than you would during the day — particularly on roads you don't know well. This will increase your chances of avoiding a hazard.
- **Increase Distance** — Distances are harder to judge at night than during the day. Your eyes rely upon shadows and light contrasts to determine how far away an object is and how fast it is coming. These contrasts are missing or distorted under artificial lights at night. Open up a three-second following distance or more. And allow more distance to pass and be passed.
- **Use the Car Ahead** — The headlights of the car ahead can give you a better view of the road than even your high beam can. Taillights bouncing up and down can alert you to bumps or rough pavement.
- **Use Your High Beam** — Get all the light you can. Use your high beam whenever you are not following or meeting a car. Be visible: Wear reflective materials when riding at night.
- **Be Flexible About Lane Position.** Change to whatever portion of the lane is best able to help you see, be seen and keep an adequate space cushion.

CRASH AVOIDANCE

No matter how careful you are, there will be times when you find yourself in a tight spot. Your chances of getting out safely depend on your ability to react quickly and properly. Often, a crash occurs because a rider is not prepared or skilled in crash-avoidance maneuvers.

Know when and how to stop or swerve, two skills critical in avoiding a crash. It is not always desirable or possible to stop quickly to avoid an obstacle. Riders must also be able to swerve around an obstacle. Determining which skill is necessary for the situation is important as well.

Studies show that most crash-involved riders:

- **Underbrake** the front tire and overbrake the rear.
- **Did not** separate braking from swerving or did not choose swerving when it was appropriate.

The following information offers some good advice.

Quick Stops

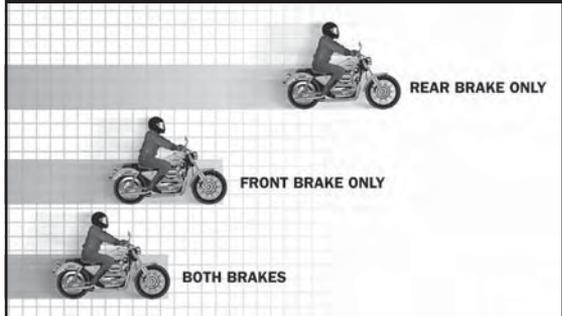
To stop quickly, apply both brakes at the same time. Don't be shy about using the front brake, but don't "grab" it, either. Squeeze the brake lever firmly and progressively. If the front wheel locks, release the front brake immediately then reapply it firmly. At the same time, press down on the rear brake. If you accidentally lock the rear brake on a good traction surface, you can keep it locked until you have completely stopped; but, even with a locked rear wheel, you can control the motorcycle on a straightaway if it is upright and going in a straight line.

Stopping Quickly in a Curve

If you know the technique, using both brakes in a turn is possible, although it should be done very carefully. When leaning the motorcycle some of the traction is used for cornering. Less traction is available for stopping. A skid can occur if you apply too much brake. Also, using the front brake incorrectly on a slippery surface may be hazardous. Use caution and squeeze the brake lever, never grab.

If you must stop quickly while turning in a curve, first straighten and square the handlebars, then stop. If you find yourself in a situation that does not allow straightening first, such as when there is a danger of running off the road in a left-hand curve, or when facing oncoming traffic in a right-hand curve, apply the brakes smoothly and gradually. As you slow, you can reduce your lean angle and apply more brake pressure until the motorcycle is straight and maximum brake pressure

STOPPING DISTANCE

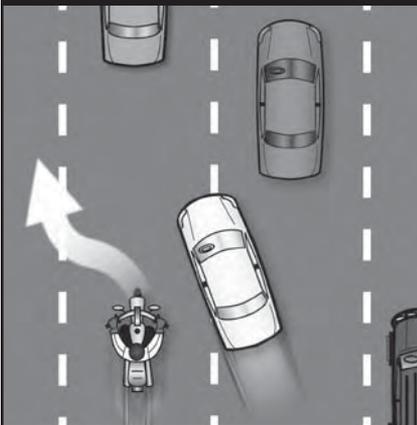


can be applied. Always straighten the handlebars in the last few feet of stopping to maintain your balance and remain upright.

Maximum Straight-Line Braking

Maximum straight-line braking is accomplished by fully applying front and rear brakes without locking either wheel. Keep your body centered over the motorcycle and look well ahead, not down. This will help you keep the motorcycle in as straight a line as possible, minimizing lean angle and the likelihood of the wheels losing traction.

SWERVE, THEN BRAKE



BRAKE, THEN SWERVE



Front-Wheel Skids

If the front wheel locks, release the front brake immediately and completely.

Reapply the brake smoothly. Front-wheel skids result in immediate loss of steering control and balance. Failure to fully release the brake lever immediately will result in a crash.

Rear-Wheel Skids

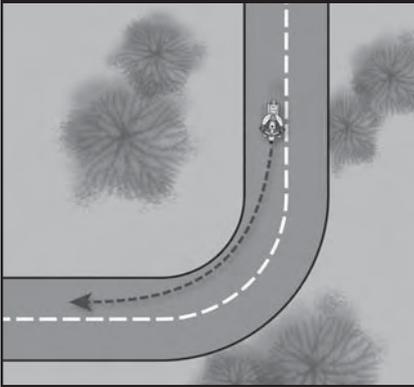
A skidding rear tire is a dangerous condition that can result in a violent crash and serious injury or death. Too much rear brake pressure causes rear-wheel lockup. As soon as the rear wheel

locks, your ability to change direction is lost. To regain control the brake must be released. However, if the rear wheel is out of alignment with the front, there is a risk of a high-side crash. This occurs when the wheels are out of alignment and a locked rear wheel is released. The motorcycle can abruptly snap upright and tumble, throwing the rider into the air ahead of the motorcycle's path. Even slight misalignment can result in a high-side crash.

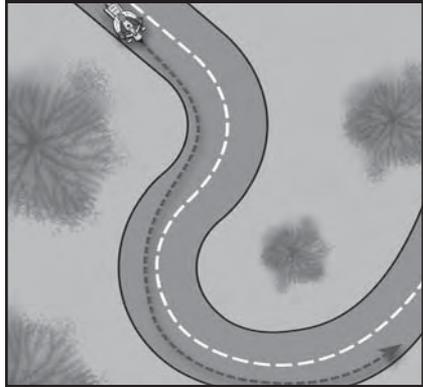
Cornering

A primary cause of single-vehicle crashes is motorcyclists running wide in

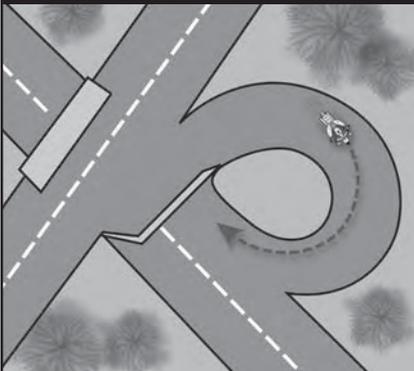
CONSTANT CURVES



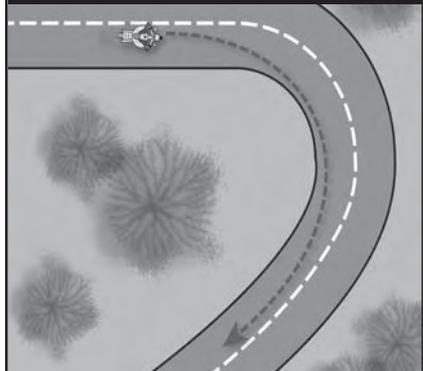
MULTIPLE CURVES



DECREASING CURVES (TIGHTER TURNS)



WIDENING CURVES



a curve or turn and colliding with the roadway or a fixed object.

Every curve is different. Be alert to whether a curve remains constant, gradually widens, gets tighter or involves multiple turns. Ride within your skill level and posted speed limits.

Your best path may not always follow the curve of the road. Change lane position depending on traffic, road conditions and curve of the road. If no traffic is present, start at the outside of a curve to increase your line of sight and the effective radius of the turn. As you turn, move toward the inside of the curve, and as you pass the center, move to the outside to exit.

Another alternative is to move to the center of your lane before entering a curve — and stay there until you exit. This permits you to spot approaching traffic as soon as possible. You can also adjust for traffic “crowding” the center line, or debris blocking part of your lane.

HANDLING DANGEROUS SURFACES

Your chance of falling or being involved in a crash increases whenever you ride across:

- Uneven surfaces or obstacles.
- Slippery surfaces.
- Railroad tracks.
- Grooves and gratings.

Uneven Surfaces and Obstacles

Watch for uneven surfaces such as bumps, broken pavement, potholes or small pieces of highway trash.

Try to avoid obstacles by slowing or going around them. If you must go over the obstacle, first determine if it is

possible. Approach it at as close to a 90° angle as possible. Look where you want to go to control your path of travel. If you have to ride over the obstacle, you should:

- **Slow down** as much as possible before contact.
- **Make sure** the motorcycle is straight.
- **Rise slightly** off the seat with your weight on the footrests to absorb the shock with your knees and elbows, and avoid being thrown off the motorcycle.
- **Just before contact**, roll on the throttle slightly to lighten the front end.

If you ride over an object on the street, pull off the road and check your tires and rims for damage before riding any farther.

Slippery Surfaces

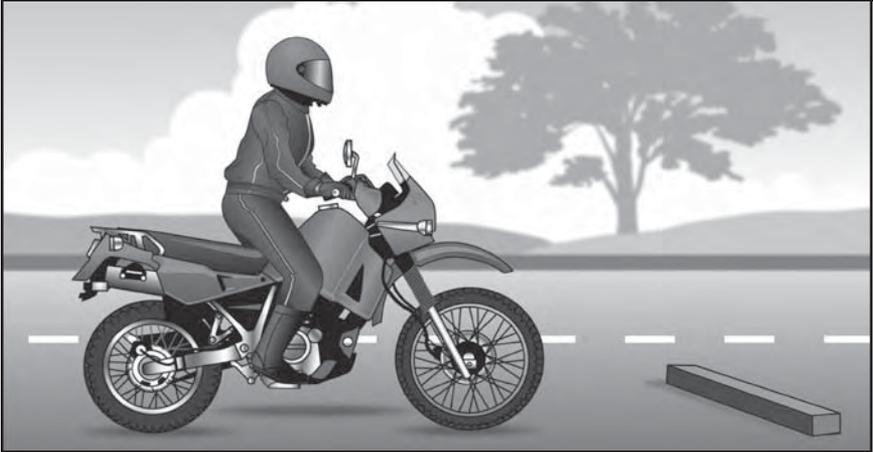
Motorcycles handle better when ridden on surfaces that permit good traction. Surfaces that provide poor traction include:

- **Wet pavement**, particularly just after it starts to rain and before surface oil washes to the side of the road.
- **Gravel roads**, or where sand and gravel collect.
- **Mud, leaves, snow, and ice.**
- **Lane markings (painted lines)**, steel plates and manhole covers, especially when wet.

To ride safely on slippery surfaces:

- **Reduce Speed** — Slow down before you get to a slippery surface to lessen your chances of skidding. Your motorcycle needs more distance to stop. And it is particularly important to reduce speed before entering wet curves.
- **Avoid Sudden Moves** — Any sudden change in speed or direction

OBSTACLES



can cause a skid. Be as smooth as possible when you speed up, shift gears, turn or brake.

- **Use Both Brakes** — The front brake is still effective, even on a slippery surface. Squeeze the brake lever gradually to avoid locking the front wheel. Remember, gentle pressure on the rear brake.
- **The center of a lane** can be hazardous when wet. When it starts to rain, ride in the tire tracks left by cars. Often, the left tire track will be the best position, depending on traffic and other road conditions.
- **Watch for oil spots** when you put your foot down to stop or park. You may slip and fall.
- **Dirt and gravel** collect along the sides of the road — especially on curves and ramps leading to and from highways. Be aware of what's on the edge of the road, particularly when making sharp turns and getting on or off freeways at high speeds.
- **Rain dries and snow melts faster** on some sections of a road than on others. Patches of ice tend to develop in low or shaded areas and on bridges

and overpasses. Wet surfaces or wet leaves are just as slippery. Ride on the least slippery portion of the lane and reduce speed.

Cautious riders steer clear of roads covered with ice or snow. If you can't avoid a slippery surface, keep your motorcycle straight up and proceed as *slowly* as possible. If you encounter a large surface so slippery that you must coast, or travel at a walking pace, consider letting your feet skim along the surface. If the motorcycle starts to fall, you can catch yourself. Be sure to keep off the brakes. If possible, squeeze the clutch and coast. Attempting this maneuver at anything other than the slowest of speeds could prove hazardous.

TEST YOURSELF

8

The best way to stop quickly is to:

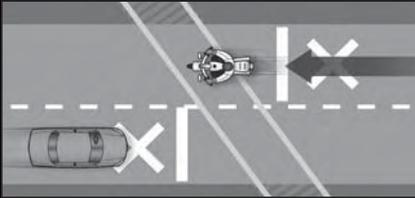
- Use the front brake only.
- Use the rear brake first.
- Throttle down and use the front brake.
- Use both brakes at the same time.

Answer - page 47

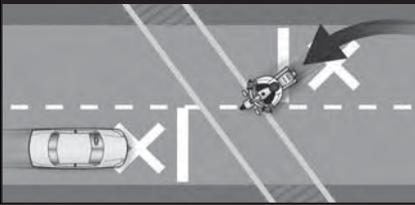
Railroad Tracks, Trolley Tracks and Pavement Seams

Usually it is safer to ride straight within your lane to cross tracks. Turning to take tracks head-on (at a 90° angle) can be more dangerous — your path may carry you into another lane of traffic.

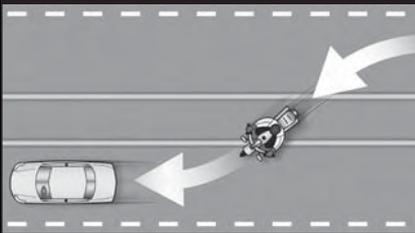
CROSSTRACKS—RIGHT



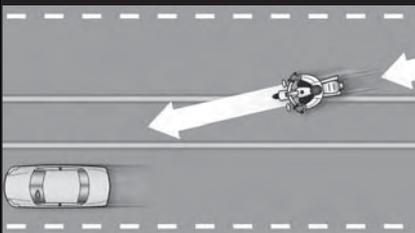
CROSSTRACKS—WRONG



PARALLEL TRACKS—RIGHT



PARALLEL TRACKS—WRONG

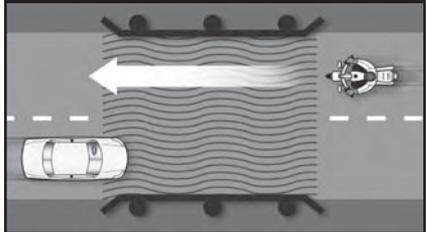


For track and road seams that run parallel to your course, move far enough away from tracks, ruts, or pavement seams to cross at an angle of at least 45°. Then, make a deliberate turn. Edging across could catch your tires and throw you off balance.

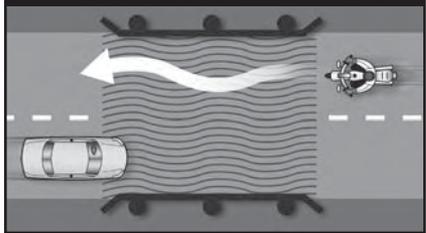
Grooves and Gratings

Riding over rain grooves or bridge gratings may cause a motorcycle to weave. The uneasy, wandering feeling is generally not hazardous. Relax, maintain a steady speed and ride straight across. Crossing at an angle forces riders to zigzag to stay in the lane. The zigzag is far more hazardous than the wandering feeling.

GRATE CROSSINGS—RIGHT



GRATE CROSSINGS—WRONG



TEST YOURSELF

9

When it starts to rain it is usually best to:

- Ride in the center of the lane.
- Pull off to the side until the rain stops.
- Ride in the tire tracks left by cars.
- Increase your speed.

Answer - page 47

MECHANICAL PROBLEMS

You can find yourself in an emergency the moment something goes wrong with your motorcycle. In dealing with any mechanical problem, take into account the road and traffic conditions you face. Here are some guidelines that can help you handle mechanical problems safely.

Tire Failure

You will seldom hear a tire go flat. If the motorcycle starts handling differently, it may be a tire failure. This can be dangerous. You must be able to tell from the way the motorcycle reacts. If one of your tires suddenly loses air, react quickly to keep your balance. Pull off and check the tires.

If the front tire goes flat, the steering will feel “heavy.” A front-wheel flat is particularly hazardous because it affects your steering. You have to steer well to keep your balance.

If the rear tire goes flat, the back of the motorcycle may jerk or sway from side to side.

If either tire goes flat while riding:

- **Hold handgrips** firmly, ease off the throttle, and keep a straight course.
- **If braking is required**, gradually apply the brake of the tire that isn’t flat, if you are sure which one it is.
- **When the motorcycle slows**, edge to the side of the road, squeeze the clutch and stop.

Stuck Throttle

Twist the throttle back and forth several times. If the throttle cable is stuck, this may free it. If the throttle stays stuck, immediately operate the engine cut-off switch and pull in the clutch at the same time. This will remove

power from the rear wheel, though engine sound may not immediately decline. Once the motorcycle is “under control,” pull off and stop.

After you have stopped, check the throttle cable carefully to find the source of the trouble. Make certain the throttle works freely before you start to ride again.

Wobble

A “wobble” occurs when the front wheel and handlebars suddenly start to shake from side to side at any speed. Most wobbles can be traced to improper loading, unsuitable accessories or incorrect tire pressure. If you are carrying a heavy load, lighten it. If you can’t, shift it. Center the weight lower and farther forward on the motorcycle. Make sure tire pressure, spring pre-load, air shocks and dampers are at the settings recommended for that much weight. Make sure windshields and fairings are mounted properly.

Check for poorly adjusted steering; worn steering parts; a front wheel that is bent, misaligned, or out of balance; loose wheel bearings or spokes; and worn swingarm bearings. If none of these is determined to be the cause, have the motorcycle checked out thoroughly by a qualified professional.

Trying to “accelerate out of a wobble” will only make the motorcycle more unstable. Instead:

- **Grip the handlebars firmly**, but don’t fight the wobble.
- **Close the throttle gradually** to slow down. Do not apply the brakes; braking could make the wobble worse.
- **Move your weight** as far forward and down as possible.
- **Pull off the road** as soon as you can to fix the problem.

Drive Train Problems

The drive train for a motorcycle uses either a chain, belt, or drive shaft to transfer power from the engine to the rear wheel. Routine inspection, adjustment, and maintenance makes failure a rare occurrence. A chain or belt that slips or breaks while you're riding could lock the rear wheel and cause your motorcycle to skid.

If the chain or belt breaks, you'll notice an instant loss of power to the rear wheel. Close the throttle and brake to a stop in a safe area.

On a motorcycle with a drive shaft, loss of oil in the rear differential can cause the rear wheel to lock, and you may not be able to prevent a skid.

Engine Seizure

When the engine "locks" or "freezes" it is usually low on oil. The engine's moving parts can't move smoothly against each other, and the engine overheats. The first sign may be a loss of engine power or a change in the engine's sound. Squeeze the clutch lever to disengage the engine from the rear wheel. Pull off the road and stop. Check the oil. If needed, oil should be added as soon as possible or the engine will seize. When this happens, the effect is the same as a locked rear wheel. Let the engine cool before restarting.

ANIMALS

Naturally, you should do everything you safely can to avoid hitting an animal. If you are in traffic, however, remain in your lane. Hitting something small is less dangerous to you than hitting something big — like a car.

Motorcycles seem to attract dogs. If you are being chased, downshift and approach the animal slowly. As you

approach it, accelerate and leave the animal behind. Don't kick at the animal. Keep control of your motorcycle and look to where you want to go.

For larger animals (deer, elk, cattle) brake and prepare to stop — they are unpredictable.

FLYING OBJECTS

From time to time riders are struck by insects, cigarettes thrown from cars or pebbles kicked up by the tires of the vehicle ahead. If you are wearing face protection, it might get smeared or cracked, making it difficult to see. Without face protection, an object could hit you in the eye, face or mouth. Whatever happens, keep your eyes on the road and your hands on the handlebars. When safe, pull off the road and repair the damage.

GETTING OFF THE ROAD

If you need to leave the road to check the motorcycle (or just to rest), be sure to:

- **Check the roadside** — Make sure the surface of the roadside is firm enough to ride on. If it is soft grass, loose sand or if you're just not sure about it, slow way down before you turn onto it.
- **Signal** — Drivers behind might not expect you to slow down. Give a clear signal that you will be slowing down and changing direction. Check your mirror and make a head check before you take any action.

TEST YOURSELF

10

If your motorcycle starts to wobble:

- A. Accelerate out of the wobble.
- B. Use the brakes gradually.
- C. Grip the handlebars firmly and close the throttle gradually.
- D. Downshift.

Answer - page 47

- **Pull off the road** — Get as far off the road as you can. It can be very hard to spot a motorcycle by the side of the road. You don't want someone else pulling off at the same place you are.
- **Park carefully** — Loose and sloped shoulders can make setting the side or center stand difficult.

CARRYING PASSENGERS AND CARGO

The extra weight of a passenger or cargo will affect the way your motorcycle behaves, requiring extra practice, preparation and caution. For this reason, only experienced riders should attempt to carry passengers or large loads. Before taking a passenger or a heavy load on the street, prepare yourself and your motorcycle for safe operation in traffic.

Preparing Your Motorcycle

Tire Pressure – Check the air pressure of both tires. Refer to the owner's manual or the label affixed to the motorcycle for the correct inflation specifications. Though most of the added weight will typically be on the rear wheel, don't forget to also check the pressure on the front tire. Correct inflation pressures will maintain maximum stability, steering precision and braking capability.

Suspension – With a heavy load, the riding characteristics and balance of the motorcycle will change. On some motorcycles, it will be necessary to adjust the suspension settings (spring preload, compression/damping settings, etc.) to compensate for the lowered rear of the motorcycle. Refer to the owner's manual for adjustment procedures and specifications.

Headlight – Prior to loading, position

the motorcycle about 10 feet from a wall in an unlighted garage and mark the headlight beam location on the wall with chalk. With a full load and passenger, recheck the headlight beam location. Use the adjusting screws on the headlight to lower the beam to the same height. Check your owner's manual for adjustment procedure.

Equipment for Carrying a Passenger

- Be sure your passenger is properly attired, wearing the same level of personal protective gear as you.
- Be sure your motorcycle is equipped with passenger footrests.
- Your motorcycle should have a proper seat, one large enough to hold both you and your passenger without crowding. You should not sit more forward than you usually do.
- Check that there is a strap or solid handholds for your passenger to hold onto.

Preparing Your Passenger to Ride

Ensure your passenger is able to reach the passenger footrests, and is able to hold on to your waist, hips, belt, or the bike's passenger handholds. Children should be placed immediately behind the rider. A child sitting in front of the rider will not be able to properly balance him/herself and may interfere with the rider's control of the motorcycle.

Passenger safety begins with proper instruction. Riders should not assume that passengers are familiar with motorcycle handling, control, or balance. As a routine practice, always instruct your passenger on cycling basics prior to starting the trip, even if your passenger is a motorcycle rider.

As you prepare for your ride, tell your passenger to:

- Get on the motorcycle only after you have started the engine and have the transmission in neutral. As the passenger mounts, keep both your feet on the ground and the brakes applied.
- Sit as far forward as possible without hindering your control of the motorcycle.
- Hold firmly onto your waist, hips, belt or passenger handholds for balance and security.
- Keep both feet firmly on the cycle's footrests, even when stopped. Firm footing will prevent your passenger from falling off and pulling you off.
- Keep legs away from the muffler(s), chains or moving parts.
- Stay directly behind you and lean with you through turns and curves. It is helpful for the passenger to look over the rider's shoulder in the direction of turns and curves.
- Avoid unnecessary conversation and avoid leaning or turning around. Make no sudden moves that might affect the stability of the motorcycle when it is in operation.
- Rise slightly off the seat when crossing an obstacle.

Also, remind your passenger to tighten his or her hold when you:

- Approach surface hazards such as bumps or uneven road surfaces.
- Are about to start from a stop or begin moving into traffic.
- Are about to turn sharply or make a sudden move.

Riding With Passengers

Your motorcycle will respond slowly when you ride with a passenger. The heavier your passenger, the longer it will take to speed up, slow down, or turn.

When riding with passengers:

- Ride a little slower, especially when taking curves, corners, or bumps. If any part of the motorcycle scrapes the ground at lean angle, steering control can be lost.
- Start slowing earlier as you approach a stop, and maintain a larger space cushion whenever slowing or stopping.
- Wait for larger gaps to cross, enter, or merge in traffic.

Carrying Loads

Everything you are likely to need for a riding holiday or weekend trip can be packed on your motorcycle in many different ways. There are complete luggage systems, saddlebags that are permanently attached to the motorcycle, soft bags that do not require a carrier system and can be tied to the seat, and a tank bag for other small items. You can also travel simply with only a backpack. Whatever you decide, do not exceed gross vehicle weight rating when traveling with cargo and a passenger, and always make adjustments to the motorcycle to compensate for the added weight.

TEST YOURSELF

11

If you are chased by a dog:

- Kick it away.
- Stop until the animal loses interest.
- Swerve around the animal.
- Approach the animal slowly, then speed up.

Answer - page 47

Tips for Traveling with Passengers and Cargo

- Keep the load forward. Pack heavier items in the front of the tank bag. Lighter items such as your sleeping bag, ground pad or tent, should be packed on a luggage rack behind you. Try to place the load over, or in front of, the rear axle. Mounting loads behind the rear axle can affect how the motorcycle turns and brakes. It can also cause a wobble.
- Plan your route and length of each day's riding segment and allow plenty of time for breaks. Poor weather, breakdowns, and fatigue are always possible.
- Consider selecting some interesting secondary roads to occasionally reduce the monotony of the highway.
- Start as early in the morning as possible. When you are fresh, you ride at peak performance. For most riders, this is usually between 6 a.m. and 11 a.m. – then, take a good hour's break for lunch. Your energy will pick up again in the afternoon.
- Don't forget sun protection in the summer. Some combinations of riding gear can leave your neck exposed, risking sunburn.
- If you wear a backpack, be sure it is securely attached to you. Try to adjust the shoulder straps so that the backpack rests lightly on the seat. This will reduce the tension in your neck and shoulders.
- If you have a tank bag, be sure it is securely mounted and does not obstruct your view of the controls or instruments. If necessary, pack it only partially full. When strapping the tank bag in place, make sure it does not catch any of the brake lines or cables in the area of the steering head.
- Secure loads low, or put them in saddlebags. Attaching a load to a sissy bar raises the motorcycle's center of gravity and can upset its balance.
- If you use saddlebags, load each with about the same weight. An uneven load can cause the motorcycle to pull to one side. Overloading may also cause the bags to catch in the wheel or chain, locking the rear wheel and causing the motorcycle to skid.
- Fasten the load securely with elastic cords (bungee cords or nets). Elastic cords with more than one attachment point per side are recommended. A loose load could catch in the wheel or chain, causing it to lock up, resulting in a skid. Rope can stretch and knots can come loose, permitting the load to shift or fall. You should stop and check the load often to make sure it has not shifted or loosened.
- Include a small tool kit and some common spare parts that you might need. Water and some energy bars or other food should also be part of your preparation, and don't forget a first aid kit, especially if you are riding in a group.

TEST YOURSELF

12

Passengers should:

- Lean as you lean.
- Hold on to the motorcycle seat.
- Sit as far back as possible.
- Never hold onto you.

Answer - page 47

Pre-Ride Test

Prior to starting out, take a test ride with your fully loaded motorcycle through some familiar neighborhood roads to get a feel for the operation of your motorcycle. Be sure the suspension settings are correct, and that the side stand, footrests, and exhaust pipes don't scrape over bumps and in turns. Ensure the tank bag does not get in the way of the handlebars or restrict the steering. Also check the security of the load, so that your luggage does not hit you in the back under maximum braking.

You will also find that the performance of a fully loaded motorcycle will be different than what you are used to. Test the power when accelerating and be aware that it will be lower, increasing passing times and distances. Braking will also feel different, and stopping distances may increase.

GROUP RIDING

Preparation

Preparing yourself for a group ride is as important as making sure your motorcycle is ready. Riding with a group requires an alert mind that is free from worries, distractions and stress. It also means riding free from the influence of alcohol or drugs. For some, even too much caffeine or prescription drugs can adversely affect concentration.

Prior to a long trip, it's a good idea to have your motorcycle serviced at your local dealership if you aren't able to do the work yourself. A thorough pre-ride check is a must. Use the T-CLOCS checklist as a reminder of the important components to check before you leave. Remember to consider such variables as passengers and extra weight from cargo that might require a change in tire pressure or suspension adjustment.

Plan

Before starting out, hold a rider's meeting to discuss the route, length of riding segments, rest stops and locations for fuel, meals and lodging. Make sure everyone knows the route. That way, if someone becomes separated, he or she won't have to hurry to keep from getting lost or making the wrong turn. Choose a lead rider and a sweep rider. These should be the most experienced riders of the group. The lead rider should look ahead for changes in road, traffic or weather conditions, and signal early so the word gets back in plenty of time to the other riders. The sweep rider is the last rider in the group, and sets the pace for the group. Place inexperienced riders just behind the leader. That ensures that they won't have to chase after the group, and the more experienced riders can watch them from the back.

The most important rules for group riding are: no competition, no passing of other riders and no tailgating. If a rider insists on riding faster than the group, allow him or her to go ahead to an agreed meeting point.

Hand signals

During the rider's meeting, review the hand signals so all riders can communicate during the ride. A diagram of the most common hand signals is at the end of this manual.

Follow those behind

During the ride, use your mirrors to keep an eye on the person behind and confirm that the group is staying together. If a rider falls behind, everyone should slow down to keep the group together.

Keep Your Distance

Maintain close ranks, but at the same time, maintain an adequate space cushion to allow each rider in the group time and distance to react to hazards. A close group takes up less space on the highway, is easier to see, and is less likely to become separated. This must, however, be done properly.

Don't Pair Up

Never ride directly alongside another rider in the same lane. There is no place to go if you have to maneuver to avoid a car or hazard in the roadway. Wait until you are both stopped to talk.

Staggered Formation

This is the best way to keep the ranks close yet maintain an adequate space cushion. The group leader rides in the left side of the lane, and the second rider stays at least one second back and rides in the right side of the lane. The third maintains the left position of the lane, at least two seconds behind the first rider. The fourth rider should keep at least a two second distance from the second rider in the right side of the lane, and so on. This formation keeps the group close and permits each rider to maintain a safe distance from others ahead, behind and to the sides.

It is best to move to single file formation when riding in curves, turning, and entering or leaving freeways or highways.

Intersections

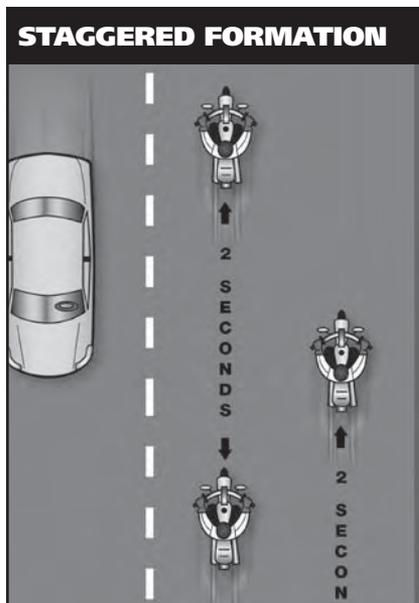
Intersections present the highest risk for motorcyclists in a group. When making a left turn at an intersection with a left turn signal arrow, tighten the formation to allow as many riders through the intersection as possible. Make the turn single file – do not ride side-by-side. If not all riders get through the light, stop at a safe point ahead and wait. This will prevent riders from feeling pressured to speed up or run a red light.

Interstate Highways and Freeways

A staggered formation is essential when riding on freeways and interstates. However, enter in single file and form up only after all riders have safely merged in traffic. The lead rider should move the group over at least one lane to prevent vehicles that are entering and exiting from disrupting your formation. In heavy traffic, resist the temptation to ride too close together. Maintain your minimum one-second, two-second staggered formation space cushion. When exiting, use a single file formation for better space cushion and time to react to conditions at the end of the off-ramp.

Parking

When possible, park as a group, so everyone can get off their motorcycles more quickly. Avoid parking downhill or head-in, and if possible, park where you can pull through, making the arrival and departure smoother. Whenever possible, park so that the group can depart as a unit in single file.



Passing in Formation

When the group wants to pass slow traffic on a freeway or interstate, the group may pass as a unit. On a two-lane highway, riders in a staggered formation should pass one at a time.

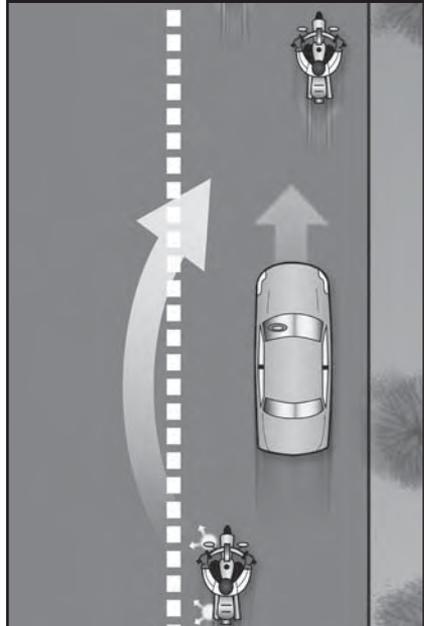
- First, the lead rider should pull out and pass when it is safe. After passing the leader should return to the left position and continue riding at passing speed to open room for the next rider.
- Next, the second rider should move up to the left position in the lane and wait for a chance to safely pass. When passing be sure you have a clear view of oncoming traffic. Just because the lead rider passed, that does not mean that conditions haven't changed and that it is still safe for other riders to pass. After passing the rider should return to the right position and open up room for the next rider.

Some people suggest that the lead rider should move to the right side of the lane after passing the vehicle. This is not a good idea, since it might encourage the second rider to pass and cut back in before there is enough space cushion in front of the passed vehicle. It's simpler and safer to wait until there is enough room ahead of the passed vehicle to allow each rider to move into the same position held before the pass.

GROUP PASSING (STAGE 1)



GROUP PASSING (STAGE 2)



TEST YOURSELF

13

When riding in a group, inexperienced riders should position themselves:

- Just behind the leader.
- In front of the group.
- At the tail end of the group.
- Beside the leader.

Answer - page 47

Ten Rules of Group Riding

- Base the length of the route and segments on ability of the least experienced rider.
- Take timely breaks to prevent loss of concentration and reduce fatigue.
- Adjust the pace through curves to the ability of the least experienced rider. If necessary, form two groups with different speeds.
- Don't tailgate or encourage the rider in front to speed. If you want to ride faster, ride ahead of the group.
- Keep adequate following distance and maintain a staggered formation.
- Do not pass in the group, except in the case of emergency.
- Place inexperienced riders just behind the leader so they can keep pace without riding faster than it is safe.
- When passing, be conscious of the traffic conditions and oncoming traffic. Even though the previous riders passed safely, it may not be safe for you.
- Maintain adequate time distance between riders, especially at intersections. This allows you to avoid hard braking.
- Check your mirrors frequently to ensure the group stays together.

Riding a motorcycle is a demanding and complex task. Skilled riders pay attention to the riding environment and to operating the motorcycle, identifying potential hazards, making good judgments and executing decisions quickly and skillfully. Your ability to perform and respond to changing road and traffic conditions is influenced by how fit and alert you are. Alcohol and drugs, more than any other factor, degrade your ability to think clearly and to ride safely. As little as one drink can have a significant effect on your performance.

Let's look at the risks involved in riding after drinking or using drugs. What to do to protect yourself and your fellow riders is also examined.

WHY THIS INFORMATION IS IMPORTANT

Alcohol is a major contributor to motorcycle crashes, particularly fatal crashes. Studies show that nearly 40% of all riders killed in motorcycle crashes had been drinking. The rest had only a few drinks in their systems — enough to impair riding skills. In the past, drug levels have been harder to distinguish or have not been separated from drinking violations for the traffic records. But riding “under the influence” of either alcohol or drugs poses physical and legal hazards for every rider.

Drinking and drug use is as big a problem among motorcyclists as it is among automobile drivers. Motorcyclists, however, are more likely to be killed or severely injured in a crash. Injuries occur in 90% of motorcycle crashes and 33% of automobile crashes that involve abuse of substances. On a yearly basis, 2,000 motorcyclists are killed and about 50,000 seriously injured in this same type of crash. These statistics are too overwhelming to ignore.

By becoming knowledgeable about the effects of alcohol and drugs you will see that riding and substance abuse don't mix. Take positive steps to protect yourself and prevent others from injuring themselves.

ALCOHOL AND DRUGS IN MOTORCYCLE OPERATION

No one is immune to the effects of alcohol or drugs. Friends may brag about their ability to hold their liquor or perform better on drugs, but alcohol or drugs make them less able to think clearly and perform physical tasks skillfully. Judgment and the decision-making processes needed for vehicle operation are affected long before legal limitations are reached.

Many over-the-counter, prescription and illegal drugs have side effects that increase the risk of riding. It is difficult to accurately measure the involvement of particular drugs in motorcycle crashes. But we do know what effects various drugs have on the processes involved in riding a motorcycle. We also know that the combined effects of alcohol and drugs are more dangerous than either is alone.

ALCOHOL IN THE BODY

Alcohol enters the bloodstream quickly. Unlike most foods and beverages, it does not need to be digested. Within minutes after being consumed, it reaches the brain and begins to affect the drinker. The major effect alcohol has is to slow down and impair bodily functions — both mental and physical. Whatever you do, you do less well after consuming alcohol.

Blood Alcohol Concentration

Blood Alcohol Concentration or BAC is the amount of alcohol in relation to blood in the body. Generally, alcohol can be eliminated in the body at the rate of almost one drink per hour. But a variety of other factors may also influence the level of alcohol retained. The more alcohol in your blood, the greater the degree of impairment.

Three factors play a major part in determining BAC:

- **The amount** of alcohol you consume.
- **How fast** you drink.
- **Your body** weight.

Other factors also contribute to the way alcohol affects your system.

Your sex, physical condition and food intake are just a few that may cause your BAC level to be even higher. But the full effects of these are not completely known. **Alcohol may still accumulate in your body even if you are drinking at a rate of one drink per hour.** Abilities and judgment can be affected by that one drink.

A 12-ounce can of beer, a mixed drink with one shot (1.5 ounces) of liquor, and a 5-ounce glass of wine all contain the same amount of alcohol.

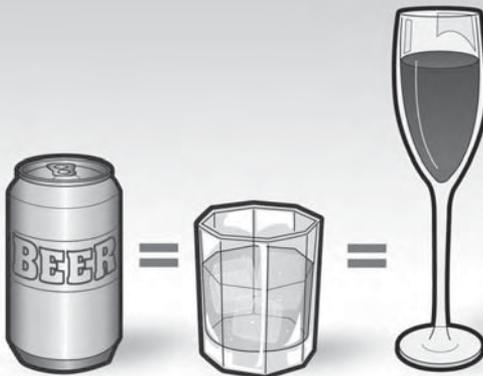
The faster you drink, the more alcohol accumulates in your body. If you drink two drinks in an hour, at the end of that hour, at least one drink will remain in your bloodstream.

Without taking into account any other factors, these examples illustrate why time is a critical factor when a rider decides to drink.

If you drink:

– Seven drinks over the span of three hours you would have at least four ($7 - 3 = 4$) drinks remaining in your system at the end of the three hours. You would need at least another four hours to eliminate the four remaining drinks before you consider riding.

ALCOHOL CONTENT



– Four drinks over the span of two hours, you would have at least two ($4 - 2 = 2$) drinks remaining in your system at the end of the two hours. You would need at least another two hours to eliminate the two remaining drinks before you consider riding.

There are times when a larger person may not accumulate as high a concentration of alcohol for each drink consumed. They have more blood and other bodily fluids. But because of individual differences it is better not to take the chance that abilities and judgment have not been affected. Whether or not you are legally intoxicated is not the real issue. Impairment of judgment and skills begins well below the legal limit.

ALCOHOL AND THE LAW

In all states, an adult with a BAC of 0.08% or above is considered intoxicated. For operators under the age of 21, lower BAC limits (0.00 to 0.02%, depending on state) apply. It doesn't matter how sober you may look or act. The breath or urine test is what usually determines whether you are riding legally or illegally.

Your chances of being stopped for riding under the influence of alcohol are increasing. Law enforcement is being stepped up across the country in response to the senseless deaths and injuries caused by drinking drivers and riders.

Consequences of Conviction

Years ago, first offenders had a good chance of getting off with a small fine and participation in alcohol-abuse classes. Today the laws of most states impose stiff penalties on drinking operators. And those penalties are mandatory, meaning that judges must impose them.

If you are convicted of riding under the influence of alcohol or drugs, you may receive any of the following penalties:

- **License Suspension** — Mandatory suspension for conviction, arrest or refusal to submit to a breath test.
- **Fines** — Severe fines are another aspect of a conviction, usually levied with a license suspension.
- **Community Service** — Performing tasks such as picking up litter along the highway, washing cars in the motor-vehicle pool or working at an emergency ward.
- **Costs** — Additional lawyer's fees, lost work time spent in court or alcohol-education programs, public transportation costs (while your license is suspended) and the added psychological costs of being tagged a "drunk driver."

MINIMIZE THE RISKS

Your ability to judge how well you are riding is affected first. Although you may be performing more and more poorly, you think you are doing better and better. The result is that you ride confidently, taking greater and greater risks. Minimize the risks of drinking and riding by taking steps before you drink. Control your drinking or control your riding.

Make an Intelligent Choice

Don't Drink — Once you start, your resistance becomes weaker.

Setting a limit or pacing yourself are poor alternatives at best. Your ability to exercise good judgment is one of the first things affected by alcohol. Even if you have tried to drink in moderation, you may not realize to what extent your skills have suffered from alcohol's fatiguing effects.

Or Don't Ride — If you haven't controlled your drinking, you must control your riding.

- **Leave the motorcycle** — so you won't be tempted to ride. Arrange another way to get home.
- **Wait** — If you exceed your limit, wait until your system eliminates the alcohol and its fatiguing effects.

STEP IN TO PROTECT FRIENDS

People who have had too much to drink are unable to make a responsible decision. It is up to others to step in and keep them from taking too great a risk. No one wants to do this — it's uncomfortable, embarrassing and thankless. You are rarely thanked for your efforts at the time. But the alternatives are often worse.

There are several ways to keep friends from hurting themselves:

- **Arrange a safe ride** — Provide alternative ways for them to get home.
- **Slow the pace of drinking** — Involve them in other activities.
- **Keep them there** — Use any excuse to keep them from getting on their motorcycle. Serve them food and coffee to pass the time. Explain your concerns for their risks of getting arrested or hurt or hurting someone else. Take their key, if you can.
- **Get friends involved** — Use peer pressure from a group of friends to intervene.

It helps to enlist support from others when you decide to step in. The more people on your side, the easier it is to be firm and the harder it is for the rider to resist. While you may not be thanked at the time, you will never have to say, "If only I had ..."

FATIGUE

Riding a motorcycle is more tiring than driving a car. On a long trip, you'll tire sooner than you would in a car. Avoid riding when tired. Fatigue can affect your control of the motorcycle.

- **Protect yourself** from the elements — Wind, cold, and rain make you tire quickly. Dress warmly. A windshield is worth its cost if you plan to ride long distances.
- **Limit your distance** — Experienced riders seldom try to ride more than about six hours a day.
- **Take frequent rest breaks** — Stop and get off the motorcycle at least every two hours.
- **Don't drink or use drugs** — Artificial stimulants often result in extreme fatigue or depression when they start to wear off. Riders are unable to concentrate on the task at hand.

TEST YOURSELF

14

If you wait one hour per drink for the alcohol to be eliminated from your body before riding:

- Your cannot be arrested for drinking and riding.
- Your riding skills will not be affected.
- Side effects from the drinking may still remain.
- You will be okay as long as you ride slowly.

Answer - page 47

Safe riding requires knowledge and skill. Licensing tests are the best measurement of the skills necessary to operate safely in traffic. Assessing your own skills is not enough. People often overestimate their own abilities. It's even harder for friends and relatives to be totally honest about your skills. Licensing exams are designed to be scored more objectively.

To earn your license, you must pass a knowledge test and an on-cycle skill test. Knowledge test questions are based on information, practices and ideas from this manual. They require that you know and understand road rules and safe riding practices. An on-cycle skill test will either be conducted in an actual traffic environment or in a controlled, off-street area.

Knowledge Test

(Sample Questions)

1. It is MOST important to flash your brake light when:

- A. Someone is following too closely.
- B. You will be slowing suddenly.
- C. There is a stop sign ahead.
- D. Your signals are not working.

2. The FRONT brake supplies how much of the potential stopping power?

- A. About 25%.
- B. About 50%.
- C. About 70%.
- D. All of the stopping power.

3. To swerve correctly:

- A. Shift your weight quickly.
- B. Turn the handlebars quickly.
- C. Press the handgrip in the direction of the turn.
- D. Press the handgrip in the opposite direction of the turn.

4. If a tire goes flat while riding and you must stop, it is usually best to:

- A. Relax on the handgrips.
- B. Shift your weight toward the good tire.
- C. Brake on the good tire and steer to the side of the road.
- D. Use both brakes and stop quickly.

5. The car below is waiting to enter the intersection. It is best to:

- A. Make eye contact with the driver.
- B. Reduce speed and be ready to react.
- C. Maintain speed and position.
- D. Maintain speed and move right.



On-Motorcycle Skill Test

Basic vehicle control and crash-avoidance skills are included in on-motorcycle tests to determine your ability to handle normal and hazardous traffic situations.

You may be tested for your ability to:

- **Know your motorcycle** and your riding limits.
- **Accelerate, brake and turn safely.**
- **See, be seen** and communicate with others.
- **Adjust speed** and position to the traffic situation.

- **Stop, turn and swerve quickly.**
- **Make critical decisions** and carry them out.

Examiners may score on factors related to safety such as:

- **Selecting** safe speeds to perform maneuvers.
- **Choosing** the correct path and staying within boundaries.
- **Completing** normal and quick stops.
- **Completing** normal and quick turns or swerves.

(Presently Not Applicable in Alabama)

Answers to Test Yourself (previous pages)

1-C, 2-D, 3-D, 4-A, 5-B,
6-C, 7-D, 8-D, 9-C, 10-C,
11-D, 12-A, 13-A, 14-C

Answers to Knowledge Test (left):

1-B, 2-C, 3-C, 4-C, 5-B

Diagrams and drawings used in this manual are for reference only and are not to correct scale for size of vehicles and distances.

HAND SIGNALS

1 Single File –
arm and index
finger extended
straight up.



2 Double File –
arm with index
and middle finger
extended straight up.



3 Stop –
arm extended
straight down,
palm facing
back.



4 Speed Up –
arm extended
straight out,
palm facing up,
swing upward.



5 Slow Down –
arm extended
straight out, palm
facing down, swing
down to your side.



6 Follow Me –
arm extended
straight up
from shoulder,
palm forward.



7 You Lead/Come –
arm extended upward 45 degrees,
palm forward pointing with index
finger, swing in arc from back to front.



HAND SIGNALS

8 Hazard in Roadway –

on the left, point with left hand; on the right, point with right foot.



9 Highbeam –

tap on top of helmet with open palm down.



10 Fuel –

arm out to side pointing to tank with finger extended.



11 Comfort Stop –

forearm extended, fist clenched with short up and down motion.



12 Refreshment Stop –

fingers closed, thumb to mouth.



13 Turn Signal On –

open and close hand with fingers and thumb extended.



14 Pull Off –

arm positioned as for right turn, forearm swung toward shoulder.



MOTORCYCLES MAKE SENSE – SO DOES PROFESSIONAL TRAINING

Motorcycles are inexpensive to operate, fun to ride and easy to park. Unfortunately, many riders never learn critical skills needed to ride safely.

Professional training for beginning and experienced riders prepares them for real-world traffic situations. Motorcycle Safety Foundation *RiderCourses*SM teach and improve such skills as:

- Effective turning
- Braking maneuvers
- Protective apparel selection
- Obstacle avoidance
- Traffic strategies
- Maintenance

**For the basic or experienced *RiderCourse* nearest you,
call toll free: 800.446.9227
or visit www.msf-usa.org**

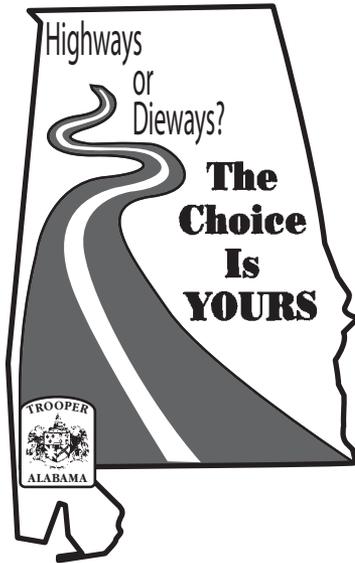
The Motorcycle Safety Foundation's (MSF) purpose is to improve the safety of motorcyclists on the nation's streets and highways. In an attempt to reduce motorcycle crashes and injuries, the Foundation has programs in rider education, licensing improvement, public information and statistics. These programs are designed for both motorcyclists and motorists. A national not-for-profit organization, the MSF is sponsored by BMW, BRP, Ducati, Harley-Davidson, Honda, Kawasaki, KTM, Piaggio/Vespa, Suzuki, Triumph, Victory and Yamaha.

The information contained in this publication is offered for the benefit of those who have an interest in riding motorcycles. The information has been compiled from publications, interviews and observations of individuals and organizations familiar with the use of motorcycles, accessories, and training. Because there are many differences in product design, riding styles, federal, state and local laws, there may be organizations and individuals who hold differing opinions. Consult your local regulatory agencies for information concerning the operation of motorcycles in your area. Although the MSF will continue to research, field test and publish responsible viewpoints on the subject, it disclaims any liability for the views expressed herein.



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**Driver License Offices
Telephone Numbers**

Birmingham.....	(205) 252-7445
Decatur	(256) 351-4667
Dothan	(334) 983-5616
Evergreen	(251) 578-5726
Huntsville	(256) 539-0681
Jacksonville	(256) 435-7006
Mobile	(251) 660-2330
Montgomery.....	(334) 272-8868
Opelika.....	(334) 742-9986
Quad Cities.....	(256) 383-2923
Selma.....	(334) 875-1341
Tuscaloosa	(205) 553-0729

Consult your local telephone directory for the Driver License office in your area.

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